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This newsletter is to inform you of recent changes & trends regarding health and safety. The Turning Point is a monthly newsletter covering topics from various industries and sectors. The Turning Point will respond to your inquiries and inform you of current services and updates regarding Raising the Standard Consulting Inc.

could this happen AT YOUR WORKPLACE?

London, ON Pachecos Contractors Ltd., of London, a sewer and watermain contractor, has been after a worker was critically injured at a construction project at a high school. Workers were performing directional drilling on the site near Regina Mundi Catholic College when the pipe they were installing underground became stuck. To pull it out the workers attached a pull-head to one end. One worker was using the backhoe to pull the chain and pull-head, which in turn would pull the pipe out of the hole. While doing so, the pipe snapped at the point where it was attached to the pull-head and the pull-head and chain were flung backwards, slipping off the hook attaching the chain to the backhoe. The chain and pull-head were thrown into the cab of the backhoe where the worker was located. The worker was struck on the head and suffered extensive injuries. Pachecos Contractors Ltd. pleaded guilty to failing, as an employer, to ensure that the hooks attaching the chain to the pull-head and to the backhoe were equipped with safety catches as required by the Occupational Health and Safety Act, and was fined \$55,000. (from: www.news.ontario.ca)

Brampton, ON Unitec Coca-Cola Bottling Company has been fined after a worker in a Brampton plant was injured. A worker was operating a palletizer machine when the worker noticed that cases of product were becoming stuck on transfer plates. The palletizer machine loads beverage product cases onto pallets for shipping. In this incident the worker proceeded to reach inside a palletizer machine when cases of product were becoming stuck. As the worker did so, a push bar cycled on and pinched the worker's arm between the push bar and a metal support beam. The worker suffered a fractured arm as a result. Coca-Cola Bottling Company pleaded guilty to failing, as an employer, to ensure that an in-running nip hazard on the palletizer that endangered the safety of a worker was equipped with and guarded with a device that prevents access to the pinch point as required by the Occupational Health and Safety Act, and was fined \$70,000. (from: www.news.ontario.ca)

Ottawa, ON An Digsafe Inc., an Ottawa company that provides excavation services, has been fined for a violation of Ontario's Occupational Health and Safety Act after a worker was killed and two others injured while working near power lines. A Digsafe worker and two other workers employed by another subcontractor were working together on the installation of new hydro poles and wires under existing energized lines. The three workers were excavating a hole when the boom of the vehicle came within three metres of the power lines which were located about 20 feet above the hole. All three workers received electrical shocks, with the Digsafe worker succumbing to his injuries in hospital. The two other workers sought medical attention at the hospital and did not suffer permanent physical injuries. A Ministry of Labour investigation followed. Digsafe Inc. pleaded guilty to failing, as an employer, to ensure that the boom of the vehicle was not brought within three metres of the energized power line as required by the Occupational Health and Safety Act, and was fined \$125,000. (from: www.news.ontario.ca)

Scarborough, ON Crawford Roofing Corporation, a Toronto-based roofing company, has been fined after a worker fell through an unprotected skylight opening. Workers were engaged in replacing various sections of the roof on a single-storey industrial complex in Toronto. The project included the removal and replacement of skylights on the roof. None of the workers were protected by any system of fall protection while performing this task and no signs were put up to warn other workers about the fall hazard. A worker fell through the skylight opening, falling about 20 feet to the concrete floor below. The worker died from blunt-impact head trauma as a result of the fall. Crawford Roofing Corporation pleaded guilty to failing, as a constructor, to ensure that workers working around an opening were adequately protected and that signs to warn workers of a hazard were posted as required by the Occupational Health and Safety Act, and was fined \$150,000. (from: www.news.ontario.ca)

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November & December Blitz

In November and December, Ministry of Labour inspectors will visit sites to ensure proper handling and disposal procedures are being followed to help keep workers safe. The blitzes will focus on: Providing proper information, instruction and supervision to workers to protect their health and safety. Proper handling requirements for disposal of needles, sharps and other wastes in health care workplaces. Inspectors will also check that employers, supervisors and workers are complying with requirements under the Occupational Health and Safety Act and its regulations.

Ministry inspectors will check that industrial sector employers are protecting the health and safety of workers from hazards that may arise from working at recycling and waste management facilities. Inspectors will check for effective health & safety programs, which include hazard recognition & controls that can reduce occupational injuries & illnesses, and improve working conditions.

In the health care sector, the blitz will focus on hazardous drugs and biomedical waste management. The handling of biomedical waste that is potentially contaminated with infectious agents is an ongoing concern for these facilities. Waste material may also be contaminated with hazardous drugs, such as the drugs used to treat cancer. Workers may be exposed to hazardous drugs at all stages in the preparation, administration and waste management of those drugs.

What will inspectors look for:

In the industrial sector, inspectors will check recycling and waste management facilities. They will visit municipal and privately owned workplaces. Inspectors will focus on a variety of potential hazards in relation, but not limited, to:

- » Consultation with the joint health and safety committee or health and safety representative in the development 8 implementation of written measures and procedures to protect workers who may be exposed to cancer treatment drugs, or to material or equipment contaminated with those drugs
- » Training & instruction in worker health & safety measures & procedures
- » Proper disposal of used needles and sharp objects
- » Proper storage of liquid hazardous waste in a workplace
- » Consultation with the joint health and safety committee or health and safety representative in the development and implementation of written measures and procedures to protect workers who generate, collect, transport, handle or treat contaminated or potentially contaminated waste materials
- » Training and instruction in the measures and procedures to workers who generate, collect, transport, handle or treats contaminated or potentially contaminated waste materials
- » The use of safety-engineered needles in compliance with O. Reg. 474/07 (Needle Safety)

The blitz's goal is to encourage workplace parties to identify and control workplace hazards, to promote compliance with the Occupational Health and Safety Act and its regulations, and to deter non-compliant employers.

RAISING THE STANDARD CONSULTING INC.

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OfficeAccidents

come in all shapes & sizes

Sometimes, businesses become complacent when it comes to workplace safety. Occupational Health and Safety programs and practices just seem to make sense when dealing with construction, manufacturing or industrial settings. However, an office environment can be easily overlooked. Slipping on papers left on the floor, tripping on tangled electrical wires under your desk or falling down stairs are potential hazards at your office



Here's a list of additional office hazards:

- Ergonomic issues; workstation design
- Lighting; proper illumination and changing fluorescent tubes
- Office equipment; cutting and binding machines, copiers, ladders and step stool
- Shelving and storage; placement of objects, anchoring shelves
- Cords; various electrical cords, over-loaded electrical outlets
- Stress; type of work, deadlines, interpersonal
- Staircases; walking up and down staircases with hands full, slippery steps

Undertake a job safety analysis to make your office safer by:

- Breaking down the activities into sequences.
- Identifying hazards at each step.
- Defining the preventive measures.

Remember to carry-out regular monthly office inspections and report items to the Joint Occupational Health and Safety Committee or your health and safety representative. And if you have neither, report the hazards to your manager; they will appreciate your input!

Remember: office areas deserve OHS attention, too!

Health & Safety **Awareness Training**

Ontario is introducing a new regulation which will require health and safety awareness training for every worker and supervisor under Ontario's Occupational Health and Safety Act (OHSA).

The regulation comes into force July 1, 2014, allowing workplace parties time to prepare. Mandatory basic health and safety awareness training was a key recommendation of the Expert Advisory Panel on Occupational Health and Safety in 2010. Training to keep workers safety and healthy is part of the government's economic plan to invest in people, build modern infrastructure and support a dynamic and innovative business climate.

Workplaces that have provided similar training to employees will not need to participate in the government on line training as long as the previous training meets the minimum requirements of the new regulation.



http://www.labour.gov.on.ca/english/hs/training/index.php

CRSP Examination

PREPARATION WORKSHOP

About the Workshop

The CRSP exam has a failure rate of 40%. This is because candidates are overwhelmed with the volume of information from which the exam questions are drawn. The objective of RTS Consulting CRSP Examination Preparation Workshop is to help you prepare your personal study plan & focus on the competencies that you need to master before the exam.

2- Day Workshop Outline

- Discussion on the registration process, the application, the interview, what to expect on exam day, the timelines for obtaining the
 designation, and the mandatory maintenance requirements to retain the designation.
- A skill and knowledge evaluation of the eleven subject matter domains: Ergonomics; Environment Practices; Fire Prevention & Protection; Safety Techniques & Technology; Accident Theory; Occupational Health Safety & Environmental Systems; Risk Management; Occupational Hygiene; Health Promotion; Laws & Ethics; HSE Auditing.
- Exam preparation strategies study sessions, study groups, texts & timing.
- Domain discussions marking guidelines.
- Evaluation of your current knowledge level, practice exams, sample questions.
- Great group discussions & networking opportunities with your peers in the profession.
- A copy of the BCRSP Guide to Registration (ordered separately from the course)

LOCATION: Brampton DATE: Feb. 4 & 5, 2014

COST: \$600.00 +hst TIME: 9:00-4:30 (Lunch provided 12:00-12:30)

2013 Course Calenda

Workplace Safety and Insurance Board Certification / Training Program Courses

The Joint Health and Safety Committee Member Certification program is a 2-part process requiring completion of (Basic) Part 1 and (Workplace–Specific) Part 2. Employers of participants seeking Part 2 Certification are expected to conduct a hazard assessment to determine the hazards present in their workplace. Upon completion of the training, participants must submit a completed copy of the Workplace–Specific Hazard Training Confirmation (Form 3189A) to WSIB in order to receive their final certification. (The RTS safety consultant will assist with completion of this form during the Part 2 training).

Joint Health and Safety Committee Part 1 (Basic) Training

The Occupational Health and Safety Act requires an employer to establish a Joint Health and Safety Committee (JHSC) at a workplace with 20 or more workers. If you are required to have a JHSC, you are also required, by law, to have at least two "certified members": one representing workers and the other management.

RTS offers a two-day JHSC Certification Part 1 course, which has been approved by WSIB and provides participants with the basic knowledge and skills necessary to become certified JHSC members.

Cost: In-House \$395 + HST | Min of 6 Participants \$350 + HST **Schedule:** Please see our website for 2014 dates & locations

Joint Health and Safety Committee Part 2 Training

This course has been designed to provide participants with an understanding of the hazards commonly found in offices, restaurants, hotel, retail, warehouse/distribution, manufacturing, healthcare, and construction workplaces.

Cost: Service Sector (1 day) \$195 + HST Healthcare, Warehouse/Distribution, Manufacturing (2 days) - \$295 + HST Construction (3 days) * Including Fall Protection - \$590 + HST

Schedule: Please see our website for 2014 dates & locations

Worker Health and Safety Awareness Training

Everyone in the workplace, from the employer to the newest worker, has different but important duties to keep the workplace safe. This one day of training will explain your rights and responsibilities on the job, and help you understand so that you can be safe at work every day.

This training will focus on:

- How the Occupational Health and Safety Act works
- · Rights and responsibilities of workers and supervisors under the OHSA
- Common workplace hazards and protecting you from hazards
- How you can get involved in safety
- Getting the help you need
- The right to refuse unsafe work and getting the help you need

Cost: \$195 + HST

Call or email RTS CONSULTING today to reserve your space!

Tel: (905) 840-1918

Email: rtsc@rtsconsulting.com



WEB-BASED training

Raise the safety, health, and productivity of your employees to the top of your agenda and provide training solutions that deliver real results. We provide web-based training programs for the convenience of your organization. Please visit our web-site to register.

Hand Tools and Automotive Lifts

Identify the Hazards and Controls Regarding: Hand Tools, Hoists, Fixed, Power, Electrical and Pneumatic Tools, Guarding, Power Lifting Equipment, Automotive Lifts.

Joint Health and Safety Committee

Participants will be able to: know the legislative requirements for establishing a JHSC, describe the powers, functions and duties of JHSCs and their members, describe the activities of an effective JHSC, etc.

Machine Safety and Lockout / Tagout Procedure

Learn about Workplace Responsibilities, Machine Guarding and the Law, Understanding Machine Related Hazards Lockout / Tagout, Applicable Legislation, Hazard Identification, Lockout Procedures.

Health, Safety and The Law

Provide participants with a working knowledge of the Occupational Health and Safety Act and related legislation and more.

Manager and Supervisor Safety Orientation

Learn about Management Responsibilities, Right to Refuse, JHSC, Hazard Recognition, Workplace Accidents, Emergency Procedures, New Employee Orientation, Transfer and Promotion, etc.

Material Handling

This course is designed to teach workers about proper material handling techniques. Upon completion of this course, workers should be able to: describe what factors contribute to back injuries, explain proper lifting techniques, etc.

Accident Investigation

The goal of this module is to ensure you will be able to: recognize the need for an investigation, investigate the scene of the accident, interview victims & witnesses, determine root causes, compile data and prepare reports, make recommendations, etc.

Health Hazards: Recognition, Assessment and Control

The goal of this module is to ensure you will be able to: understand the law pertaining to health and safety hazards, define occupational injury and illness, understand the four types of workplace health hazards, etc.

Workplace Inspection

Provide participants with an understanding of their legal rights and responsibilities with regard to workplace inspections and to prepare them for carrying out effective workplace inspections.

Slips, Trips and Falls

Objective of this training is to: understand the causes and effects of falls in the workplace, to understand legislation relating to slip, trip and fall hazards, to be able to identify potential slip, trip and fall hazards, etc.

WHMIS

Explain how WHMIS is implemented in law, explain how the law defines a controlled product, explain how the law defines hazardous ingredients, identify the exclusions, etc. Register to access the complete training material.

Worker Safety Orientation

Worker Responsibilities, Right to Refuse, Joint Health and Safety Committee, Hazard Recognition, First Aid, Workplace Accidents and more.

Merry Christmas

I would like to take this opportunity to thank you for reading this newsletter and supporting our company through this journey we have taken to promote and provide safe workplaces throughout the country. It has meant the world to us to have such loyal and wonderful people join us in this vision.

From our family and business to yours, we would like to wish you a very Merry Christmas and the Lord's richest blessings.



God Bless,

Stanford Brown

PRESIDENT RTS CONSULTING INC.