



of the Turning Point

This newsletter is to inform you of recent changes and trends regarding health and safety. The Turning Point is a monthly newsletter covering topics from various industries and sectors. The Turning Point will respond to your inquiries and inform you of current services and updates regarding Raising the Standard Consulting Inc.

U.S. DEPARTMENT OF LABOR UPDATE

Food Warehouse Cited With 63 Violations

HONOLULU - Federal and state investigators have identified a total of 63 health and safety violations, including willful violations of three standards, at a refrigerated food warehouse in Honolulu occupied by Unicol Corp. and nine tenants. The employers face \$251,330 in total proposed fines following joint inspections conducted in February by the US Department of Labor's Occupational Safety and Health Administration and Hawaii's Department of Labor and Industrial Relations' Occupational Safety and Health Division. The inspections were conducted under OSHA's National Emphasis Program for facilities with highly hazardous chemicals.

The willful violations include locked and sealed exit doors, failure to keep exit routes free and unobstructed and failure to label exit routes and post signs clearly indicating the route to the nearest exit. Inspectors found 13 of the exit doors were locked from the outside and sealed shut, and that workers could not open or reach emergency exit doors because storage racks filled with pallets of products blocked the doors. The willful violations carry a proposed penalty totaling \$112,000. A willful violation is one committed with intentional, knowing or voluntary disregard for the law's requirements, or with plain indifference to worker safety and health. (from www.osha.gov)

Manufacturing Plant Faces \$1.1 Million in Fines

CANTON, OH - OSHA Republic Steel has been fined over \$1.1 million for serious safety violations at its manufacturing plant in Canton. OSHA cited the company for failing to provide employees with enough protection from falling off runway girders, resulting in two serious injuries last year. Republic Steel was also cited for tripping hazards, lack of protective equipment for employees working around the furnace, and using electrical panels not suitable for wet locations. Fifteen of the 24 violations were judged willful, that is, committed with intentional, knowing, or voluntary disregard for the law or indifference to employee safety. (taken from www.toledoblade.com)

Walmart in Violation of Serious Safety Conditions

NEWARK, NJ - Royal Aluminum Co. Inc., a vinyl window manufacturer, was cited by OSHA for 18 alleged safety and health violations, including three repeat, at its facility in Newark, New Jersey. Proposed penalties total \$57,400 following an inspection that was opened in response to a complaint alleging the hazards.

Three repeat violations, with \$11,200 in penalties, were cited due to the company's failure to implement a hearing conservation program for workers exposed to noise above 85 decibels, implement a written hazard communication program for workers using hazardous chemicals, and train workers on the hazards of the chemicals involved in their duties. Similar violations were cited in 2010. Fourteen serious violations, with \$45,500 in penalties, include the company's failure to label containers of hazardous chemicals, provide lavatories with hand soap, keep exit routes free and unobstructed, and post exit signs. They also

include providing workers with the appropriate eye or face protection when required, take powered industrial trucks out of service when determined to be in unsafe operating condition, use permanent wiring to power a 120-volt light switch, and effectively close unused openings in electrical boxes. The company also was cited for one other-than-serious violation, carrying a \$700 penalty, for failing to properly complete the OSHA 300 log.

"This company is aware of the necessary corrections that must be in place based on its previous OSHA citations, but failed to comply at the expense of protecting its workers," said Kris Hoffman, director of OSHA's Parsippany Area Office.

"Employers are responsible for ensuring safe and healthful workplaces and will be held accountable when they fail to do so." (www.advancedsafetyhealth.com)

Manufacturing Plant Faces \$1.1 Million in Fines

DESOTO TX - OSHA cited Williamsburg Village Healthcare Campus, a senior living center in DeSoto, Texas, for seven serious safety violations and proposed penalties totaling \$46,000. Various safety hazards were found at the York Drive facility during a programmed inspection conducted under OSHA's national emphasis program for nursing and residential care facilities. The seven serious violations cited involve the company's failure to assess if workplace hazards were present or likely to be present; ensure that each affected worker uses appropriate eye or face protection; ensure that energy control programs consist of appropriate procedures, training and periodic inspections; provide suitable facilities for quick drenching or flushing of the eyes and body; provide a written exposure control plan designed to eliminate or minimize exposure to hazards; train and provide workers with information on hazardous chemicals in the workplace; and ensure that a written schedule for cleaning and method of decontamination is based upon the location within the facility and type of surface to be cleaned. (www.advancedsafetyhealth.com)

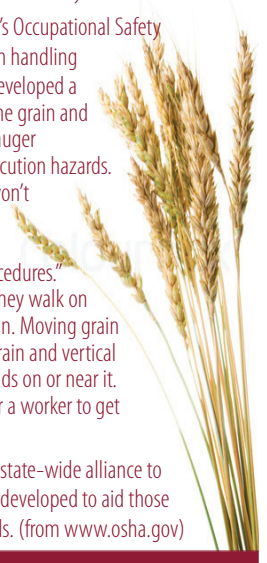
SAFETY OUTREACH CAMPAIGN

CHICAGO, IL - Five seconds. That is how quickly a worker can become engulfed in flowing grain and be unable to get out. Sixty seconds. That is how quickly a worker can be completely submerged in flowing grain. More than half of all grain engulfments result in death by suffocation.

In 2010, at least 26 US workers were killed in grain engulfments, the highest number on record. Among the deaths were two Illinois teens and a 49-year-old worker who had entered a grain bin "a million times." In the past 50 years, more than 900 cases of grain engulfment have been reported with a fatality rate of 62 percent, according to researchers at Purdue University in Indiana.

Record death and injuries in 2010, led the US Department of Labor's Occupational Safety and Health Administration to reach out to the agricultural and grain handling industries to find ways to prevent deaths and injuries. OSHA also developed a Local Emphasis Program for Grain Handling Facilities focusing on the grain and feed industry's six major hazards. These include engulfment, falls, auger entanglement, "struck by," combustible dust explosions and electrocution hazards. Proper Safety Procedures "OSHA is working hard to change the 'it won't happen to me' mindset," said Nick Walters, OSHA Regional Administrator for six Midwestern states. "Grain handling injuries and deaths can be prevented if employers follow proper safety procedures." Suffocation can occur when a worker becomes buried by grain as they walk on moving grain or attempt to clear grain built up on the inside of a bin. Moving grain acts like "quicksand" and can bury a worker in seconds. "Bridged" grain and vertical piles of stored grain can also collapse unexpectedly if a worker stands on or near it. The behavior and weight of the grain make it extremely difficult for a worker to get out of it without assistance.

OSHA and the Grain and Feed Association of Illinois have formed a state-wide alliance to get the word out on prevention. A grain bin entry permit has been developed to aid those working in and around bins to identify and control potential hazards. (from www.osha.gov)



PUBLIC SAFETY TRAINING SCHEDULE

FOR SAFETY PROFESSIONALS

Construction Health and Safety Technician (CHST) Prep Course (3-day course)

Our experienced safety professionals will assist you in the preparation for the examination by giving participants a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Topics covered include: how to use the workbook, OHST examination and history, how to select a calculator, reference material, description and analysis of the OHST examination, about the computer examination, calculator warm up exercises, scientific and engineering notation, signed numbers, formula transpositions, unit conversions, conversion questions, math questions, math answers, gas laws, chemistry, physics questions, physics answers, OSHA 300, statistics, equations used most often.

Instruction is presented on topical matters to pass the certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

Safety Trained Supervisor (STS) in Construction (3-day course)

Participants are given a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Instruction is presented on topical matters relevant to the particular certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

The Safety Trained Supervisor in Construction Course will meet the Examination Blue Print changes of the Board of Safety Professionals 2011. Topics include:

1. Conduct risk assessments by performing pre-task hazard analyses and evaluating personal protective equipment (PPE), tools, equipment, and job expectations, in order to mitigate hazardous conditions and minimize the risk of incident or injury.
2. Confirm that employees have the necessary job-specific technical skills and qualifications by observing work practices or reviewing training records in order to ensure competent staff.
3. Ensure that personnel in the work area are oriented to safety and health considerations by communicating hazardous conditions and monitoring behaviors in order to help ensure that applicable rules and emergency action plans are understood.
4. Evaluate work practices by observing employees' behavior and their use of PPE, tools, and equipment in order to minimize the risk of incident or injury and to comply with applicable standards.
5. Ensure safety and health standards are implemented through coaching and by correcting observed deficiencies in order to maintain a safe and healthful work environment.
6. Take appropriate action when confronted with unsafe acts and conditions by exercising stop-work authority, modifying tasks, escalating issues to higher management, consulting with qualified professionals (when the matter is outside the scope of the supervisor's capabilities, etc.) and disciplining employees in order to minimize the risk of incident or injury.
7. Facilitate a positive, proactive safety culture by anticipating hazards, modeling and coaching safe behavior, reporting incidents, encouraging employee participation, and communicating performance measures in order to enhance safety and health.
8. Evaluate employees using safety performance and behavior as key criteria in order to hold employees accountable for safety.
9. Participate in investigations that determine causes, identify corrective actions, document lessons learned, and address employee concerns using recognized investigation techniques in order to minimize the risk of workplace incidents.
10. Verify the effectiveness of emergency action plans through training and practice in order to ensure effective response in crises.
11. Coordinate operations and work processes with other supervisors by communicating effectively in order to minimize risk.
12. Perform safety and health-related record keeping in accordance with applicable standards using established procedures in order to document essential processes.
13. Comply with company and STS codes of ethics by resolving issues consistently with these.

Course materials will consist of lecture materials accompanied by PowerPoint slides containing content consistent with the applicable examination and standards and best practice.

First Aid/CPR/AED Train-the-Trainer (2-day course)

This course covers the required skills needed to train the elements of the first aid/CPR/AED training.

SUPERVISOR AND GENERAL SAFETY TRAINING

Supervisor Safety Training (2-day course)

We provide two Supervisor Safety Training Programs. One is called START which stands for Supervisors Training in Accident Reduction Techniques and it teaches the Supervisors their respective levels of accountability in the event of an incident. It also talks about what is a safety culture and shares the true cost of incidents and the direct impact on the project and/or company's bottom line.

The other program is called On the Front Lines. It goes from the perspective of a company that thought they were doing well and had recently won a safety award and then had a significant incident. It goes to show the type of mentality that Management personnel as well as field personnel go through, especially when it's somebody that they all know. This program also teaches about incident costs and EMR rates and how it relates to the company's overall ability to bid competitively on projects.

So You're Getting Inspected by OSHA??? (2-hour course)

This 2-hour course will cover what things an employer or on site employer representative must know when dealing with an OSHA Inspection. Learn what the inspectors need to do to identify themselves, can you make an inspector wait or not? Can the inspector question employees without a management representative being a part of it? Learn the overall process of how an OSHA Inspection is carried out:

- Identification of the Inspector
- Opening Conference
- Inspection Tour
- Closing Conference

First Aid/CPR/AED (4-hour course)

This 4-hour course covers the required elements for full certification: Set-Up & Site Evaluation, primary assessment, rescue breathing, CPR Techniques, choking management, control of bleeding, shock management and hands-on auto external defibrillator (AED) training.

Forklift/Telescopic Reach Forklift/Aerial Lift (1-day course)

The lift training and refresher will be completed in two sessions and covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 4-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score of 100% on the theory session if they which to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Scissor Lift and Refresher (½-day course)

The lift training and refresher will be completed in two sessions and cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 2-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written Test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score 100% on the theory session if they which to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Traffic Control/Flagger Awareness (2-hour course)

This 2-hour course will cover the following:

Identify the responsibilities of a flagger, describe the proper way to place signs, describe the proper position for flagging, define the flagging procedures for stop, slow and proceed, identify the correct procedure for various flagging situations, describe the proper conduct in flagging.

Supported Scaffold Awareness (½-day course)

This 4-hour course covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, regarding safety related to pipe scaffolds including fall protection, electrical hazards, inspections, protective equipment.

Anyone who works on pipe scaffolding regardless of the height are required to take a four hour Supported Scaffold User Course. This includes frames that are only one section high, baker scaffolds, rolling towers, and stair towers. No one is exempt from this training certification including architects, engineers, and project managers.

Supported Scaffold Competent Person Training (6-hour course)

This 6-hour supported scaffold training course will educate your personnel on how to minimize or avoid injury and follow the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1. In this class, your personnel will find out about getting at ramps, ladders, stairway towers, and walkways. They'll discover how to avoid hazards with beneficial housekeeping. In this supported scaffold training course they'll find out about the use of hard hats, debris-nets and toe boards. They'll find out about OSHA's height and guardrail regulations as well as suitable installation and assembly of industrial scaffolding. Industrial scaffolding certification training for supported scaffolds is mandatory by Occupational Safety and Health Administration (OSHA).

Trenching Excavation Competent Person (6-hour course)

This is a 4-hour "competent person" course. The Trenching and Excavating Safety Course helps employers and employees comply with the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, by determining what type of working hazards exist, how to correct them and the responsibilities of the competent person. It also conveys the importance of using the right protective system during excavation work. Participants receive a wallet-sized certificate of completion from RTS Consulting Inc.

Fall Protection Awareness (2-hour course)

This 2-hour Fall Protection Awareness Safety Course identifies the types of fall protection and is designed to help employees recognize and correct fall hazards in the workplace before an accident can occur.

Fall Protection Competent Person (6-hour course)

This 6-hour Fall Protection Competent Person Safety Course will provide an understanding of fall protection with a focus on personal fall protection systems to increase worker safety while working at heights. This training will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

- Each participant will receive a certificate and wallet card
- A,B,C,D, E of fall protection
- Anchor point strength requirements
- Body harness - how to properly don and doff a harness
- Connecting device - how to calculate your fall clearance distance so you don't go SPLAT
- Deceleration device - what is it and why is it important? What is its role within the fall protection system?
- Effective Emergency Rescue - What is deemed effective emergency rescue? 9-1-1 is not a rescue it's a body retrieval
- Competent Person Limitations and Responsibilities
- Choosing the right fall protection system - Fall Restraint vs. Fall Arrest
- Factoring in swing fall and how it can injure a worker

HAZCOM (4-hour course)

In this course the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 will be covered.

Upon completion of this 4-hour training course the student will be familiar with:

- Hazard Determination
- Hazardous Chemical List
- Material Safety Data Sheets
- Definitions associated with Hazard Communications
- Hazardous Material Labeling System
- Employee Training

HAZWOPER /First Responder Operations Level (8-hour course)

This course covers broad issues pertaining to the hazard recognition at work sites. OSHA has developed the HAZWOPER program to protect the workers working at hazardous sites and devised extensive regulations to ensure their safety and health. This course, while identifying different types of hazards, also suggests possible precautions and protective measures to reduce or eliminate hazards at the work place. This course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Course Overview:

This Course will focus on the following topics:

- Regulation Overview
- Site Characterization
- General
- Site Safety and Health Plan (SSHP)
- Responsibilities
- Hazard Recognition
- Personal Protective Equipment
- Site Control
- Decontamination
- Medical Surveillance

- Training
- RCRA, TSD Facilities
- Toxicology
- Facilities or Construction Project Emergency Response
- Fire Protection

HAZWOPER (24-hour course)

This course fulfills your requirements for certification under 29 CFR, Part 1910.120, 229 CFR 1926.65 or other applicable state regulations for certification to the 24-hour Occasional Site Worker level.

HAZWOPER (40-hour course)

HAZWOPER 40-Hour Training Course is required for workers that perform activities that expose or potentially expose them to hazardous substances. The course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

This course is specifically designed for workers who are involved in clean-up operations, voluntary clean-up operations, emergency response operations, and storage, disposal, or treatment of hazardous substances or uncontrolled hazardous waste sites. Topics include

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment
- Work practices by which the employee can minimize risks from hazards
- Safe use of engineering controls and equipment on the site
- Medical surveillance requirements, including recognition of symptoms and signs which might indicate overexposure to hazards

OSHA 30-Hour Safety Certification

This extended three-day course is designed for individuals responsible for implementing, managing and enforcing workplace safety efforts. Class curriculum provides a detailed, cross-referenced awareness of OSHA construction standards and their job site implementation. Syllabus includes: regulatory requirements; safety/health/environmental controls; personal protective equipment; materials handling; fire prevention; hand and portable power tools; electrical safety . . . and more. You will receive a 30-Hour OSHA Outreach card.

OSHA 10-Hour Safety Certification

OSHA requires that all employees be trained to recognize the hazards that exist in their workplace, about safety rules that apply for the work they do, and in the safe working practices to accomplish their work.

This class starts with OSHA Regulations for the Construction Industry. Your employees attending this session leave with a much better understanding of the structure of these rules, where to go to learn more, and the most frequently cited violations for each part.

Topics Covered:

- Scaffolds and Ladders
- Excavation and Trenching/Shoring
- Electrical Safety
- Floor and Wall Openings
- Personal Protective Equipment
- Health Hazards
- Heavy Equipment Operation
- Welding and Cutting
- Power Tools
- Material Handling
- Steel Erection
- Concrete and Masonry Construction

Confined Space Competent Person (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 and will cover:

- Being able to identify the differences between a non-permit confined space and a permit-required confined space
- Understanding the responsibilities of an Attendant, Entrant and Entry Supervisor
- The hazards of working within a confined space
- Equipment needed to safely work within a confined space
- How and Who creates a permit if a space is deemed Permit Required Confined Space
- How to set up the emergency rescue equipment
- Competent Person responsibilities
- Proper signage and delineation of the work areas

Respiratory Protection (4-hour course)

This 4-hour course will cover the protocols for respirator training/fit testing that meets EM 385-1-1, HIOSH 12-64.1, OSHA 1910.134, NAVOPINST 5100, AR 11-34, AFOSH and Coast Guard, review of OSHA revised standards as they pertain to Hawaii, NIOSH 42 CFR 84 Particulate standard and new respirator technology.

Electrical Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Electrical Standard Information
2. Definitions of electricity
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements for Flexible (extension) cords

Competent Person Electrical Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Ladder Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Ladder Standard Information
2. Ladder Types:
 - a. Fiber glass
 - b. Aluminum
 - c. Extension
 - d. Step Ladders
3. Inspection Requirements:
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Ladder Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Hazardous Energy Control (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Lock Out/Tag Out Standard Information
2. Definitions of LOTO
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Hazardous Energy Control/Lock-Out (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

All training sessions can be presented on-site and on any state island. (Lanai, Kauai, Oahu, Maui, Molokai and Hawaii (Big Island))

*A substantial discount will be given for large groups. Please call for special group pricing.

Please note: Training occurring on weekends and holidays will be subject to an additional 25% rate increase.

OHSANEWS AT A GLANCE

OSHA CITES TSA AT BOSTON AIRPORT

OSHA has issued 14 notices of unsafe or unhealthful working conditions to the U.S. Department of Homeland Security, Transportation Security Administration, following an inspection at Boston's Logan International Airport. The inspection was conducted as part of **OSHA's** Federal Agency Targeting Inspection Program. The hazardous conditions were primarily found at baggage conveyors, baggage inspection rooms, security checkpoints and break rooms. The inspection identified several instances where TSA employees at Logan were exposed to finger crushing and amputation hazards from unguarded nip points on baggage conveyors in inspection rooms where employees work; electrical hazards from misused electrical equipment at checkpoints and inspection rooms; and fire-related hazards from unsecured fire extinguishers where TSA employees work as well as improper storage of flammable materials.

Between 2008 and 2012, **OSHA** issued notices of unsafe and unhealthful conditions for similar hazards at Logan International Airport and at airports in Anchorage and Fairbanks, Alaska; Manchester, New Hampshire; Portland, Oregon; and Bellingham, Washington. TSA employees were also exposed to fall hazards from defective or deficient ladders; slip, trip and fall hazards from unsecured floor mats; lack of protective clothes and eyewashes for employees handling corrosive liquids; an inadequately marked exit route; and aisles that were too narrow. The notices of unsafe or unhealthful working conditions can be viewed at <http://www.osha.gov/oc/citations/TSAcitations.pdf>.

Under Executive Order 12196, federal agencies must comply with the same safety standards as private sector employers covered under the Occupational Safety and Health Act. The federal agency equivalent to a private sector citation is the Notice of Unsafe and Unhealthful Working Conditions. A notice is used to inform establishment officials of violations of **OSHA** standards, alternate standards and 29 Code of Federal Regulations citable program elements. **OSHA** cannot propose monetary penalties against another federal agency for failing to comply with **OSHA** standards. (www.advancedsafetyhealth.com)

Sign Up Today!

Our outreach courses are powered by **360training.com**, an **OSHA**-authorized provider!

1) OSHA 10 Hour Construction Course - \$79.00 per person

This 10 hour OSHA-accepted online training course is for entry level construction workers & will provide general instruction on recognizing and preventing hazards in their work environment. Employees attending this session leave with a much better understanding of the structure of safety rules, where to go to learn more, and the most frequently cited violations for each part.

Some of the topics covered are:

- Introduction to OSHA
- Excavations and Trenching
- Electrical Safety
- Floor and Wall Openings
- Stairways and Ladders
- Fall Protection
- Heavy Equipment Operation
- Concrete and Steel Erection
- Hand and Power Tools
- Material Handling

2) OSHA 30 Hour Construction Course - \$169.00 per person

This 30 hour OSHA-accepted online training course is for construction foremen, superintendents and engineers, plant engineers, inspectors and other construction workers responsible for maintaining a safe work environment. This course will provide comprehensive coverage of OSHA compliance regulations and their job site implementation.

This course covers the same information as the 10 hour course as well as additional topics such as:

- Forklifts
- Concrete and Masonry
- Confined Space Entry
- Fire Protection and Prevention
- Scaffolds
- Fall Protection
- Cranes, Derricks, Hoists, Elevators and Conveyors
- Storage, Use, Disposal
- Personal Protective & Lifesaving Equipment
- Welding and Hot Work

3) OSHA 10 Hour General Industry Course - \$79.00 per person

This 10 hour OSHA-accepted online training course is for entry level general industry workers in such fields as health care, warehousing, manufacturing, and retail. This course trains general industry workers to recognize, avoid, control, and prevent safety hazards in their work environment.

Some of the topics covered are:

- Introduction to OSHA
- Electrical
- Walking and Working Surfaces
- Materials Storage
- Introduction to Blood Borne Pathogens
- Hazard Communication
- Machine Guarding
- Exit Routes, Emergency Action Plans and Fire Prevention
- Flammable and Combustible Liquids Fall Protection
- Safety and Health Programs

4) OSHA 30 Hour General Industry Course - \$169.00 per person

This 30 hour OSHA-accepted online training course is for general industry safety directors, foremen, supervisors, managers, and other general industry workers responsible for maintaining a safe work environment. This course will provide comprehensive coverage of OSHA compliance regulations and their job site implementation.

This course covers the same information as the 10 hour course as well as additional topics such as:

- OSHA Inspection Procedures
- Record Keeping
- Welding, Cutting and Brazing
- Safety and Health Programs
- Personal Protective Equipment
- Permit-Required Confined Spaces
- Exit Routes, Emergency Action Plans & Fire Prevention
- Case Studies/Workshop
- Ergonomics
- Hand and Portable Tools

Emphasis: The classes are prepared for presentation to workers. They emphasize hazard identification, avoidance, control and prevention, not OSHA standards and regulatory codes. The presentations are tailored to the needs and understanding of the audience. Each class is evaluated to determine the best methods of training before the class begins.

Site-Specific Training: We believe that the most rewarding classes for students are the ones they can relate to because the trainer uses examples, pictures, and scenarios that come from the student's work place, industry or community.

Training Purpose: We explain up front, that the training isn't a bureaucratic exercise. We emphasize that it may save a life & help them continue to provide for their family. We explain that safety & health add value to the company, the workplace and their life.

Homogenous Class: The ideal class to teach is one where students have similar positions and needs. We endeavor to conduct separate training classes for supervisors, managers, and workers as much as possible unless a combined session would assist the students in fostering a culture of teamwork. We also try to separate workers into like groups, for example, office personnel, machine operators, and maintenance staff when possible.

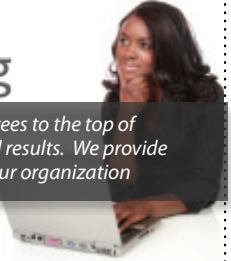
Use Objectives: At the beginning of each session we describe the skills and abilities the students should have or exhibit for each topic and relate the objectives to the students' work, whenever possible.

Presentation Assortment: Students learn in different manners, and get tired of one training style. Therefore we use different trainers, computer presentations, videos, case studies, exercises and graphics to make the course interesting and enjoyable. By doing this we employ the three levels of training techniques - presentation (*presenting the material in a variety of ways*), discussion (*getting the students involved in the learning*), and performance (*students practice the material they learned*).

Testing: We use quizzes and tests to ensure the student understands key objectives. We also provide students feedback on incorrect answers in an open discussion format.

WEB-BASED training

Raise the safety, health, and productivity of your employees to the top of your agenda and provide training solutions that deliver real results. We provide web-based training programs for the convenience of your organization



HEALTH CARE EDUCATION

This module consists of 12 unique courses designed to provide participants with a well-rounded understanding of safety in the health care industry. You'll learn everything from how to recognize & prevent workplace violence to gaining basic knowledge of patient's rights and confidentiality.

TECHNICAL, INDUSTRIAL & SAFETY SKILLS

The goal of this training is to help participants to understand the risks and take the necessary precautions for the health & safety of workers and how to prevent accidents within the technical & industrial trades.

This module is divided into 5 sub-sections:

- Canada Safety
- OSHA - Construction
- OSHA - General Industry
- OSHA - 10/30 Hour Outreach Training
- OSHA - Hazardous Waste Training

PUBLIC SAFETY

The basis of this training covers the key components of human resources with emphasis on courses such as employment law, handling conflict and confrontation and explores successful arbitration and mediation methods. It also includes courses that aid in improving business-writing skills and offers advanced insight for analyzing financial statements.

U.S. DEPARTMENT OF LABOR

NEED YOUR DEPARTMENT OF LABOR CARD?

Upon successful course completion, you will receive a temporary online certificate today and an OSHA or Department of Labor completion card with 4-6 weeks.

Customer Support: 1-800-442-1149

Current Trainer: Marie Athey, OHST, outreach-trainer@360training.com

Outreach FAQs are provided on www.360trainingsupport.com



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