



Of the Turning Point

This newsletter is to inform you of recent changes and trends regarding health and safety. The Turning Point is a monthly newsletter covering topics from various industries and sectors. The Turning Point will respond to your inquiries and inform you of current services and updates regarding Raising the Standard Consulting Inc.

could this happen AT YOUR WORKPLACE?

OSHA Cites Wisconsin Metal Fabrication Company

Investigation of Teen Worker's Fatal Injuries, 2-weeks after Starting Job

COLUMBUS, WIS - A federal investigation prompted by the death of a 17-year-old worker at a Columbus metal fabrication facility has resulted in multiple safety and health violations.

The U.S. Department of Labor's [Occupational Safety and Health Administration](#) has issued 16 [serious](#) and one other-than-serious safety and health violations to G.D. Roberts & Co. Inc., for violations the agency's inspectors found after a machine pinned and injured the teenaged worker on June 27, 2016. He died of his injuries on July 2, 2016.

"A young man suffered a tragic death shortly after starting a new job, leaving his family to grieve their overwhelming loss," said Ann Grevenkamp, OSHA's director in Madison. *"Proper lockout devices along with training could have prevented this tragedy."*

Investigators determined the worker was clearing scrap below a loading table for an operating laser-cutter system when the machine lowered onto the victim, trapping him beneath. OSHA found that the company failed to ensure procedures to lockout the machine to prevent unintentional movement were followed, and did not train its employees properly in such safety procedures.

The agency also found G.D. Roberts failed to:

- Conduct periodic inspections of [machine safety](#) procedures.
- Affix [lockout devices](#) to isolate energy prior to allow employees to enter machine hazard areas.
- Conduct noise monitoring.
- Provide employee's audiograms.
- Train workers about [noise hazards](#).
- Follow [respiratory protection](#) standards such as fit-testing, training and medical evaluations for employees.
- Evaluate for airborne hazards.
- Implement engineering controls for dust and other airborne hazard exposure resulting in employee overexposure.
- Maintain chemical inventories.
- Train workers in [forklift](#) operation.
- Seek manufacturer approval prior to modifying forklifts.
- Train employees about [chemicals](#) in use in the workplace and maintain a chemical inventory

OSHA has proposed penalties of \$119,725.

From: [Full Story](#)

OSHA Cites 4 Florida Contractors as Worker Dies in Fall

Worker dies after falling through unprotected floor opening; proposes \$91K in penalties

MIAMI, FL - If Southern Chills, a Homestead-based contractor, had not ignored the construction industry's most dangerous hazard, Leonardo Javier Lopez-Montelo might be alive today.

The 33-year-old laborer fell nearly 11 feet through an unprotected stairway opening as he performed punch-list activities at the Kendall Square housing complex construction site in Miami, and suffered fatal injuries.

A U.S. Department of Labor [Occupational Safety and Health Administration](#)

investigation of the June 29, 2016, incident found that the stairway opening had no guardrails or cover as required. Lopez-Montelo's employer was aware that the opening was unprotected, investigators also found.

For construction industry workers, falls are the leading cause of work-related death. [Four in 10 workers die](#) in preventable falls each year.

As a result of the fatality, OSHA has issued eight citations to Southern Chills Inc., Capri Construction Corp., SB Painting & Waterproofing Inc. and Brothers Carpentry Corp. for safety violations. Combined, the four contractors face \$91,536 in penalties.

The project's developer, Lennar Homes LLC contracted with Miami's Capri Construction as the shell contractor at the job site. Capri then contracted with Homestead-based Southern Chills to perform carpentry work such as installing second floor deck, trusses and sheathing. Following the fatality, Capri contracted with Brothers Carpentry, a West Park finish carpentry contractor, to replace Southern Chills and Lennar hired SB Painting, of West Palm Beach, to paint the exteriors and interiors of the homes.

"This was a preventable incident. Capri and Southern Chills failed in their responsibility to protect their employees and chose to ignore the need to install the necessary fall protection system which would have saved Leonardo," said Condell Eastmond, OSHA's area director in Fort Lauderdale.

OSHA issued Southern Chills two [repeated](#) citations for failing to protect workers from falls up to 11 feet with a guardrail or personal fall system and not training employees to recognize fall hazards or procedures while working at elevated levels.

OSHA also issued [serious](#) citations to Capri, SB Painting and Brothers Carpentry for failing to protect workers from fall hazards with a guardrail or personal fall system. Additionally, the agency cited SB Painting and Brothers for not training workers to recognize fall hazards while working at elevated levels, and cited Capri for exposing workers to fall hazards due to a lack of frequent [inspections](#) to ensure hazardous conditions did not exist or were corrected.

From: [Full Story](#)

OSHA Forms Alliance with National STEPS Network and NIOSH to Protect Oil and Gas Industry Workers

OSHA formed a two-year alliance with the National Service, Transmission, Exploration & Production Safety Network (STEPS) and the National Institute for Occupational Safety and Health (NIOSH) at the end of 2014 to focus on the prevention of injuries, illnesses and fatalities among workers in the exploration and production sector of the oil and gas industry. Alliance participants are developing fact sheets and videos on the leading causes of fatalities in oil and gas exploration and production, providing OSHA materials and training resources for employers and workers, and supporting oil and gas safety stand-downs. Alliance participants also work closely with the National Occupational Research Agenda Oil and Gas Extraction Council, which seeks to identify and implement strategies to improve workplace practices within the industry.

The OSHA Training Center is offering OSHA 5810 - Hazards Recognition and Standards for On-Shore Oil and Gas Exploration and Production in Bakersfield, California, on November 16-19, 2015. This 4-day course, the result of a broad collaboration of oil and gas producers, service companies and industry trade associations, provides employees and employers the opportunity to develop the knowledge and skills to anticipate, recognize, evaluate and control hazards common to the on-shore oil and gas exploration and production industry.

An increase in worker fatalities in the oil and gas industry has been an unfortunate byproduct of the rapid employment growth in the industry. 112 workers were killed in the oil and gas industry in 2013, according to the Bureau of Labor Statistics, with the majority of fatalities occurring among workers with less than one year on the job. Oil and gas industry workers face a number of hazards, including motor vehicle crashes, fires, explosions and electrocution.

The National STEPS Network, founded in 2003, is a volunteer organization that includes industry operators and contractors, industry associations, OSHA and NIOSH representatives, and educational institutions who promote safety, health and environmental improvement in oil and gas exploration and production in U.S. onshore operations. The National Institute for Occupational Safety and Health (NIOSH) is a U.S. federal agency that conducts research and makes recommendations to prevent worker injury and illness.

Disaster & Emergency MANAGEMENT

The Importance of Prepared Healthcare Facilities

For all of the facilities that are Medicare and Medicaid Services (CMS) there has been a "final rule" issued implementing emergency preparedness requirements. This impacts the majority of health care facilities such as transplant centres, hospices, long-term care facilities, rehab centres, and others.

There are 4 main standards that the final rule requires these organizations to follow:

1. Developing an emergency plan based on a risk assessment that incorporates an all-hazards approach "that focuses on capacities and capabilities that are critical to preparedness for a full spectrum of emergencies or disasters" (Centers for Medicare & Medicaid Services, § CMS-3178-F (2016). The hazards must be specific to each location and facility type. The kinds of hazards that CMS centres could be vulnerable to are "care-related emergencies; equipment and power failures; interruptions in communications, including cyber-attacks; loss of a portion or all of a facility; and, interruptions in the normal supply of essentials, such as water and food" (Centers for Medicare & Medicaid Services, § CMS-3178-F (2016).
2. Creating and implementing certain policies and procedures that will support and ensure an effective emergency plan.
3. Producing a communication plan that coordinates patient care "across healthcare providers, and with state and local public health departments and emergency management agencies and systems to protect patient health and safety in the event of a disaster" (Centers for Medicare & Medicaid Services, § CMS-3178-F (2016).
4. Training and testing of the emergency preparedness plan to guarantee its effectiveness. There must be "initial training for new and existing staff in emergency preparedness policies and procedures as well as annual refresher trainings" (Centers for Medicare & Medicaid Services, § CMS-3178-F (2016). Like most efficient plans, the plan and its testing must be conducted annually to identify if there are any gaps in the plan or the participants within it.

Should you know of any healthcare organizations that are not prepared and would like to ensure that their facility and the people that they serve are not at risk of any emergency, please contact **Raising the Standard Consulting Inc.**
Email: ssbrown@rtsconsulting.com.

Emergency Management - Interview

For the topic of the importance of prepared healthcare facilities I spoke to Peter Hirai, who is an emergency management professional and a Community Emergency Manager (CEM) for Honolulu, Hawaii. He also has a large role to play in the Emergency Management Professionals of Hawaii organization.

Healthcare facilities are the cornerstone for our communities. Many people rely on them for long-term care, counselling, treatment and emergencies. They become an even more vital part of the community in the event of a disaster. Peter points out that "Post-disaster, one of the first priorities of recovery will be the healthcare sector due to this criticality of providing continuing/initial care to the community.

Comprehensive emergency planning increases a facility's resiliency and its ability to continue its community services." Due to the amount of influx and responsibility that healthcare facilities have in responding and recovering from disasters, the importance of the facility, staff, medical equipment and response phases must be prepared for all potential emergencies. Unfortunately many healthcare centres are not prepared and have not adopted an all-hazards approach to emergency planning because they "lack staff expertise" explains Peter, "without a dedicated emergency manager or business continuity person, they will lack a good plan and a good planning process." This leaves the patients, staff, and healthcare centres vulnerable to secondary hazards, separate from the initial disaster. When creating an emergency plan healthcare centres need to take an all-hazards approach while incorporating all 5 phases of emergency management – mitigation, prevention, preparedness, response and recovery. Peter pointed out that beyond that, they should also have a continuity of operations (COOP) plan to ensure that they could handle the impacts of a disaster. During the process of developing their emergency plans, Peter mentioned major elements that healthcare facilities should be focusing on: "during its risk assessment the facility should determine what kinds of emergencies will overwhelm it, and also determine its interdependencies and external requirements. The key is to be as self-sufficient as possible during and after the disaster." If healthcare facilities took this approach to emergency planning they would be a much more valuable asset to the impacted communities when responding and recovering from disasters.

Seafood

Company Fined More Than \$100,000 for Unsafe Forklifts

Forklifts are among the most hazardous vehicles in the workplace, with a great risk of injury and death if they're not maintained and operated safely. Employers who knowingly and repeatedly expose workers to unsafe forklifts may face stiff penalties.

That's what happened with a company in Westport. The Department of Labor & Industries (L&I) has cited Ocean Gold Seafoods Inc., a total of \$117,740 for willful and repeated serious workplace safety violations at its seafood processing plant. Many of the violations were related to forklift safety.

The fines include a willful violation with the maximum allowed penalty of \$70,000 for not performing regular safety inspections and not fixing defective items on the vehicles, like nonworking horns and broken seatbelts.

An L&I inspection found that the company rarely performed forklift inspections, and defects that were reported weren't fixed. There were several instances where forklift seatbelts weren't in working order, including one that was pulled completely out and wouldn't retract. Other defects included machines without working horns. This prevented operators from notifying employees in limited visibility areas that a forklift was coming through the door and put pedestrians at risk of being struck and killed.

The employer was cited for a repeat-serious violation with a penalty of \$15,400 after the inspector saw two workers operating forklifts without wearing their seatbelts. The seafood company was cited for the same issue in August 2015.

Being crushed by a forklift tipping over is the leading cause of forklift-related deaths in the U.S. If there's an accident or tip-over, operators are much safer strapped into the seat because they are at lower risk of falling out.

Ocean Gold was cited for nine additional violations for exposing workers to fall hazards; failure to ensure emergency brakes were set on unattended forklifts; defective stair tread; exposed electrical wires; equipment and clutter stored in front of control panels; and unsafe use of extension cords. The violations carried penalties totaling \$32,340.

A serious violation exists in a workplace if there is a substantial probability that worker death or serious physical harm could result from a hazardous condition. A willful violation can be issued when L&I has evidence of plain indifference, a substitution of judgment or an intentional disregard to a hazard or rule. General violations are the lowest level and are cited when the violation itself wouldn't cause serious injury or death.

The employer has 15 days to appeal. Penalty money paid as a result of a citation is placed in the workers' compensation supplemental pension fund, helping injured workers and families of those who have died on the job.

Source: www.lni.wa.gov



PUBLIC SAFETY TRAINING SCHEDULE FOR SAFETY PROFESSIONALS

24-Hour Fall Protection Competent Person

RTS Consulting's Competent Person course ensures that each student will receive all of the proper training pursuant to OSHA's requirement of Competent Persons for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31. This course will go beyond the basic awareness level of introductory courses and into details necessary when learning not just how to protect yourself, but what it takes to initiate a program and create a safe working environment for those you may be responsible for at your place of employment.

Who is This Course For?

This course is for anyone that will be required to manage a safety program, or responsible to be the on-site competent person. Recommended: Lead Hand, Forman, Safety Managers, Safety Directors, Onsite Managers, Supervisors, Section Leads, Responsible Persons.

Cost: \$550 + HST | **Schedule:** Feb. 4,11 & 18 | Feb. 13,14 & 15 | Mar. 11,18 & 25 | Mar. 27,28 & 29

8-Hour End User Fall Protection Training

RTS Consulting's 8-hour End User Fall Protection Course ensures that each student will receive the proper training pursuant to OSHA's requirement of End User for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31.

Who is This Course For?

This course is for anyone that might be exposed to fall hazards from heights.

Cost: \$150.00 | **Schedule:** Feb. 25, March 17

Construction Health and Safety Technician (CHST) Prep Course (3-day course)

Our experienced safety professionals will assist you in the preparation for the examination by giving participants a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Topics covered include: how to use the workbook, OHST examination and history, how to select a calculator, reference material, description and analysis of the OHST examination, about the computer examination, calculator warm up exercises, scientific and engineering notation, signed numbers, formula transpositions, unit conversions, conversion questions, conversion answers, math questions, math answers, gas laws, chemistry, physics questions, physics answers, OSHA 300, statistics, equations used most often.

Instruction is presented on topical matters to pass the certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

Safety Trained Supervisor (STS) in Construction (3-day course)

Participants are given a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Instruction is presented on topical matters relevant to the particular certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

The Safety Trained Supervisor in Construction Course will meet the Examination Blue Print changes of the Board of Safety Professionals 2011. Topics include:

1. Conduct risk assessments by performing pre-task hazard analyses and evaluating personal protective equipment (PPE), tools, equipment, and job expectations, in order to mitigate hazardous conditions and minimize the risk of incident or injury.
2. Confirm that employees have the necessary job-specific technical skills and qualifications by observing work practices or reviewing training records in order to ensure competent staff.
3. Ensure that personnel in the work area are oriented to safety and health considerations by communicating hazardous conditions and monitoring behaviors in order to help ensure that applicable rules and emergency action plans are understood.
4. Evaluate work practices by observing employees' behavior and their use of PPE, tools, and equipment in order to minimize the risk of incident or injury and to comply with applicable standards.
5. Ensure safety and health standards are implemented through coaching and by correcting observed deficiencies in order to maintain a safe and healthful work environment.
6. Take appropriate action when confronted with unsafe acts and conditions by exercising stop-work authority, modifying tasks, escalating issues to higher management, consulting with qualified professionals (when the matter is outside the scope of the supervisor's capabilities, etc.) and disciplining employees in order to minimize the risk of incident or injury.
7. Facilitate a positive, proactive safety culture by anticipating hazards, modeling and coaching safe behavior, reporting incidents, encouraging employee participation, and communicating performance measures in order to enhance safety and health.
8. Evaluate employees using safety performance and behavior as key criteria in order to hold employees accountable for safety.
9. Participate in investigations that determine causes, identify corrective actions, document lessons learned, and address employee concerns using recognized investigation techniques in order to minimize the risk of workplace incidents.
10. Verify the effectiveness of emergency action plans through training and practice in order to ensure effective response in crises.
11. Coordinate operations and work processes with other supervisors by communicating effectively in order to minimize risk.
12. Perform safety and health-related record keeping in accordance with applicable standards using established procedures in order to document essential processes.
13. Comply with company and STS codes of ethics by resolving issues consistently with these.

Course materials will consist of lecture materials accompanied by PowerPoint slides containing content consistent with the applicable examination and standards and best practice.

First Aid/CPR/AED Train-the-Trainer (2-day course)

This course covers the required skills needed to train the elements of the first aid/CPR/AED training.

SUPERVISOR AND GENERAL SAFETY TRAINING

Supervisor Safety Training (2-day course)

We provide two Supervisor Safety Training Programs. One is called START which stands for Supervisors Training in Accident Reduction Technics and it teaches the Supervisors their respective levels of accountability in the event of an incident. It also talks about what is a safety culture and shares the true cost of incidents and the direct impact on the project and/or company's bottom line.

The other program is called On the Front Lines. It goes from the perspective of a company that thought they were doing well and had recently won a safety award and then had a significant incident. It goes to show the type of mentality that Management personnel as well as field personnel go through, especially when it's somebody that they all know. This program also teaches about incident costs and EMR rates and how it relates to the company's overall ability to bid competitively on projects.

So You're Getting Inspected by OSHA?? (2-hour course)

This 2-hour course will cover what things an employer or on site employer representative must know when dealing with an OSHA Inspection. Learn what the inspectors need to do to identify themselves, can you make an inspector wait or not? Can the inspector question employees without a management representative being a part of it? Learn the overall process of how an OSHA Inspection is carried out:

- Identification of the Inspector
- Opening Conference
- Inspection Tour
- Closing Conference

First Aid/CPR/AED (4-hour course)

This 4-hour course covers the required elements for full certification: Set-Up & Site Evaluation, primary assessment, rescue breathing, CPR Techniques, choking management, control of bleeding, shock management and hands-on auto external defibrillator (AED) training.

Forklift/Telescopic Reach Forklift/Aerial Lift (1-day course)

The lift training and refresher will be completed in two sessions and covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 4-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score of 100% on the theory session if they wish to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Scissor Lift and Refresher (1/2-day course)

The lift training and refresher will be completed in two sessions and cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 2-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written Test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score 100% on the theory session if they wish to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Traffic Control/Flagger Awareness (2-hour course)

This 2-hour course will cover the following:

Identify the responsibilities of a flagger, describe the proper way to place signs, describe the proper position for flagging, define the flagging procedures for stop, slow and proceed, identify the correct procedure for various flagging situations, describe the proper conduct in flagging.

Supported Scaffold Awareness (1/2-day course)

This 4-hour course covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, regarding safety related to pipe scaffolds including fall protection, electrical hazards, inspections, protective equipment.

Anyone who works on pipe scaffolding regardless of the height are required to take a four hour Supported Scaffold User Course. This includes frames that are only one section high, baker scaffolds, rolling towers, and stair towers. No one is exempt from this training certification including architects, engineers, and project managers.

Supported Scaffold Competent Person Training (6-hour course)

This 6-hour supported scaffold training course will educate your personnel on how to minimize or avoid injury and follow the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1. In this class, your personnel will find out about getting at ramps, ladders, stairway towers, and walkways. They'll discover how to avoid hazards with beneficial housekeeping. In this supported scaffold training course they'll find out about the use of hard hats, debris-nets and toe boards. They'll find out about OSHA's height and guardrail regulations as well as suitable installation and assembly of industrial scaffolding. Industrial scaffolding certification training for supported scaffolds is mandatory by Occupational Safety and Health Administration (OSHA).

Trenching Excavation Competent Person (6-hour course)

This is a 6-hour "competent person" course. The Trenching and Excavating Safety Course helps employers and employees comply with the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, by determining what type of working hazards exist, how to correct them and the responsibilities of the competent person. It also conveys the importance of using the right protective system during excavation work. Participants receive a wallet-sized certificate of completion from RTS Consulting Inc.

Fall Protection Awareness (2-hour course)

This 2-hour Fall Protection Awareness Safety Course identifies the types of fall protection and is designed to help employees recognize and correct fall hazards in the workplace before an accident can occur.

HAZCOM (4-hour course)

In this course the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 will be covered.

Upon completion of this 4-hour training course the student will be familiar with:

- Hazard Determination
- Hazardous Chemical List
- Material Safety Data Sheets
- Definitions associated with Hazard Communications
- Hazardous Material Labeling System
- Employee Training

HAZWOPER /First Responder Operations Level (8-hour course)

This course covers broad issues pertaining to the hazard recognition at work sites. OSHA has developed the HAZWOPER program to protect the workers working at hazardous sites and devised extensive regulations to ensure their safety and health. This course, while identifying different types of hazards, also suggests possible precautions and protective measures to reduce or eliminate hazards at the work place. This course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Course Overview:

This Course will focus on the following topics:

- Regulation Overview
- Site Characterization
- General
- Site Safety and Health Plan (SSHP)
- Responsibilities
- Training
- RCRA, TSD Facilities
- Toxicology
- Hazard Recognition
- Personal Protective Equipment
- Site Control
- Decontamination
- Medical Surveillance
- Facilities or Construction Project Emergency Response
- Fire Protection

HAZWOPER (24-hour course)

This course fulfills your requirements for certification under 29 CFR, Part 1910.120, 229 CFR 1926.65 or other applicable state regulations for certification to the 24-hour Occasional Site Worker level.

HAZWOPER (40-hour course)

HAZWOPER 40-Hour Training Course is required for workers that perform activities that expose or potentially expose them to hazardous substances. The course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

This course is specifically designed for workers who are involved in clean-up operations, voluntary clean-up operations, emergency response operations, and storage, disposal, or treatment of hazardous substances or uncontrolled hazardous waste sites. Topics include

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment
- Work practices by which the employee can minimize risks from hazards
- Safe use of engineering controls and equipment on the site
- Medical surveillance requirements, including recognition of symptoms and signs which might indicate overexposure to hazards

OSHA 30-Hour Safety Course

This four-day course is designed for individuals responsible for implementing, managing & enforcing workplace safety efforts. Class curriculum provides a detailed, cross-referenced awareness of OSHA construction standards and their job site implementation. Syllabus includes: regulatory requirements; safety/health/environmental controls; personal protective equipment; materials handling; fire prevention; hand and portable power tools; electrical safety . . . and more. You will receive a 30-Hour OSHA Outreach card.

OSHA 10-Hour Safety Course

OSHA requires that all employees be trained to recognize the hazards that exist in their workplace, about safety rules that apply for the work they do, and in the safe working practices to accomplish their work.

This two-day class starts with OSHA Regulations for the Construction Industry. Your employees attending this session leave with a much better understanding of the structure of these rules, where to go to learn more, and the most frequently cited violations for each part.

Topics Covered:

- Scaffolds and Ladders
- Excavation and Trenching/Shoring
- Electrical Safety
- Floor and Wall Openings
- Personal Protective Equipment
- Health Hazards
- Heavy Equipment Operation
- Welding and Cutting
- Power Tools
- Material Handling
- Steel Erection
- Concrete and Masonry Construction

Confined Space Competent Person (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 and will cover:

- Being able to identify the differences between a non-permit confined space and a permit-required confined space
- Understanding the responsibilities of an Attendant, Entrant and Entry Supervisor
- The hazards of working within a confined space
- Equipment needed to safely work within a confined space
- How and Who creates a permit if a space is deemed Permit Required Confined Space
- How to set up the emergency rescue equipment
- Competent Person responsibilities
- Proper signage and delineation of the work areas

Respiratory Protection (4-hour course)

This 4-hour course will cover the protocols for respirator training/fit testing that meets EM 385-1-1, HIOSH 12-64.1, OSHA 1910.134, NAVOPINST 5100, AR 11-34, AFOSH and Coast Guard, review of OSHA revised standards as they pertain to Hawaii, NIOSH 42 CFR 84 Particulate standard and new respirator technology.

Electrical Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Electrical Standard Information
2. Definitions of electricity
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements for Flexible (extension) cords

Competent Person Electrical Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Ladder Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Ladder Standard Information
2. Ladder Types:
 - a. Fiber glass
 - b. Aluminum
 - c. Extension
 - d. Step Ladders
3. Inspection Requirements:
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Ladder Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Hazardous Energy Control (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Lock Out/Tag Out Standard Information
2. Definitions of LOTO
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Hazardous Energy Control/Lock-Out (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

All training sessions can be presented on-site and on any state island. (Lanai, Kauai, Oahu, Maui, Molokai and Hawaii (Big Island))

*A substantial discount will be given for large groups. Please call for special group pricing.

Please note: Training occurring on weekends and holidays will be subject to an additional 25% rate increase.

Now you will finally be able to manage your entire workplace's safety program !

- »After partnering with numerous organizations in various industries from placement agencies to the food industry over the last 21 years RTS Consulting Inc. has come up with the answer. Over the years while developing environment, health and safety programs we have been able to identify the key elements which every organization must maintain to put their organization on the path of reduced accidents, improved moral, effective supervision and superior management of your organization
- »We have seen many organizations turn the corner and begin the rewarding journey of improved health and safety only to veer off the road once unexpected challenges and obstacles have gotten in their path.
- »How do organizations stay on the road to success and avoid the pot holes and obstacles on the road?
- »The way to out maneuver and avoid these issues is to be prepared for them. Having a systematic process that identifies the possible issues and establishes methods to overcome them.



That is what the Turning Point Management System will do for your organization.

- »We have the map to direct you. Not only that but with Our Guardian Prevention System (GPS) we will constantly know where you are in relationship to where you are going to ensure the most efficient route. The ultimate GPS to reach your destination.
- »We do not just sign you up to our program but we intentionally monitor and report the status of your progress towards your destination.
- »We do not just provide reports on training and which employees have completed required what topic and how long it took them.
- » We identify what safety programs, training & inspections are required for your culture to meet your goals and then monitor which programs are being implemented and what hazard assessments are being incorporated etc. We continually assist you and direct you in the steps to ensure you stay on track. We will be right there with you guiding and assisting you like no other GPS and if you go off course we will quickly determine the best way to get back on track to your destination.
- »We assist you with a complete safety management program. From the initial hazard assessments and safe operating procedures to the procedure development, objectives inspections, accident reports and employee incentive program.
- »We assist you through the whole process so you are assured not only that you are in compliance but heading towards your goals in a tangible way.

If you know what challenges you will face on the road to zero accidents and improved health and safety your journey will be a success.

Some obstacles to be wary of are:

Time, emergencies, worker/supervisor motivation, fluctuation in work demands, changing legislation, competition and priorities

The Turning Point Management System Program is effective in the US and Canada. It is an affordable safety management solution that services your organization 24-7, 24 hours a day and 7 days a week.

We provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

Benefits of the Guardian Protection System (GPS)

- pMillions of dollars saved
- pIncreased positive culture in your organization
- pTrue establishment & maintenance of documented Due Diligence
- pCustomized programs to your organization's Goals
- pReduced customer/employee injuries
- pReduced employee absenteeism
- pDocumented monitoring of employee training
- pReduced training costs
- pAssured compliance to provincial/federal legislation
- pIncreased Employee morale
- pDesirable safety culture which can be proven quantitatively
- pDecreased turnover

Not just training...

Our GPS web-based program is not only an accessible, cost effective means to training, but it is a complete online health and safety management system.

GUARDIAN PROTECTION SYSTEM

RTS Consulting (USA) Inc. will provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

10|30 hour training

ONLINE TRAINING NOW AVAILABLE!

Available through RTS Consulting, **10|30 HOUR TRAINING** with a limited time discount offer! See below for details:

10 and 30 Hour Construction Safety (with Free Study Guide)

Normally \$199, take \$25 off with code "1030" (expires 5/31/2015)

Register here (contains referral code): [10|30CONSTRUCTION](#)

OHSA 30 Hour Construction Training (with Free Study Guide) or OHSA 30 Hour General Industry Training (with Free Study Guide)

Normally \$189, now \$169 plus take \$22 off with code "22OFF30"

(expires 5/31/2015) Register here (contains referral code): [OHSA30HOUR](#)

WEB-BASED training

Raise the safety, health, and productivity of your employees to the top of your agenda and provide training solutions that deliver real results. We provide web-based training programs for the convenience of your organization



HEALTH CARE EDUCATION

This module consists of 12 unique courses designed to provide participants with a well-rounded understanding of safety in the health care industry. You'll learn everything from how to recognize & prevent workplace violence to gaining basic knowledge of patient's rights and confidentiality.

TECHNICAL, INDUSTRIAL & SAFETY SKILLS

The goal of this training is to help participants to understand the risks and take the necessary precautions for the health & safety of workers and how to prevent accidents within the technical & industrial trades.

This module is divided into 5 sub-sections:

- Canada Safety
- OSHA - Construction
- OSHA - General Industry
- OSHA - Hazardous Waste Training

Sign Up Today!

PUBLIC SAFETY

The basis of this training covers the key components of human resources with emphasis on courses such as employment law, handling conflict and confrontation and explores successful arbitration and mediation methods. It also includes courses that aid in improving business-writing skills and offers advanced insight for analyzing financial statements.

OHSA 10 Hour Construction Training (with Free Study Guide) or OHSA 10 Hour General Industry Training (with Free Study Guide)

Normally \$79, take \$10 off with code "CONSTRUCTION" (expires 5/31/2015) Register here (contains referral code): [OHSA10HOUR](#)

Learn2Serve Food Safety Manager Principles Training & Food Manager Exam

Normally \$160, now \$125 plus take \$25 off with code "SOUPOF THEDAY" (expires 6/30/2015) Register here (contains referral code): [FOODSAFETY](#)

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Texas Food Handler & TABC Certification Package

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Illinois BASSET On-Premises Alcohol Seller-Server

Normally \$14.95, take \$3 off with code "THREEBATE" (expires 6/30/2015) Register here (contains referral code): [ILLINOISSERVER](#)

Learn2Serve Utah On-Premises Alcohol Seller/Server

Normally \$16.95, now \$15.95, plus take \$3 off with code "THREEBATE" (expires 6/30/2015) Register here (contains referral code): [UTAHSERVER](#)

Wisconsin Responsible Beverage Server Training

Normally \$14.95, take \$3 off with code "THREEBATE" (expires 6/30/2015) Register here (contains referral code): [WISCONSINSERVER](#)

For more information contact our office by email or visit us online:

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