



## OSHA 30-HR for the CONSTRUCTION INDUSTRY

- **Introduction to OSHA**
  - OSH Act, General Duty Clause, Employer and Employee Rights and Responsibilities, Whistleblower
  - Rights, Recordkeeping basics
  - Inspections, Citations, and Penalties
  - General Safety and Health Provisions, Competent Person, Subpart C
  - Value of Safety and Health
  - OSHA Website, OSHA 800 number and available resources
  
- **OSHA Focus Four Hazards**
  - Fall Protection, Subpart M (e.g., floors, platforms, roofs)
  - Electrical, Subpart K (e.g., overhead power lines, power tools and cords, temporary wiring, grounding)
  - Struck by (e.g., falling objects, trucks, cranes, constructing masonry walls)
  - Caught in/between (e.g., trench hazards, unguarded machinery, equipment)
  
- **Personal Protective and Lifesaving Equipment,**  
Subpart E
- **Health Hazards in Construction** (for example,  
noise, hazard com. and crystalline silica)
- **Stairways and Ladders,** Subpart X
- **Trenching and Excavation**
- **Tools - Hand and Power,** Subpart I
- **Scaffolds,** Subpart L
- **Cranes, Derricks, Hoists, Elevators, and Conveyors,**  
Subpart N
- **Welding and Cutting**
- **Confined Space Entry**
- **Managing Safety and Health**
- **Physical Health Hazards (ergonomics)**
- **Fire Protection and Prevention**

### WHO SHOULD ATTEND

Safety Administrators, Managers, & Supervisors. Job site superintendents, Project Managers and engineers, job site foremen, and construction workers who want improve their safety knowledge, skills, and promotion opportunities.

*Upon completion of the course, attendees will receive an OSHA card.*

### **Date & Time:**

To be determined.

### **Location:**

To be determined.

### **Cost:**

\$450.00 per person including tax (lunch will be provided)

Class space is limited and reserved on a first come, first served basis.

The registration deadline for this program is 3 days from the start date of the training. Any cancellations must be received two weeks prior to the start date of the training. Full refund will be made for cancellations received prior to that date. After that date, no refunds will be granted. Replacements accepted.

*Please see attached for the registration form.*



## REGISTRATION FORM

### OSHA 30-hr. for the Construction Industry

**\$450.00 (taxes are included)**

**Lunch will be provided**

Company: _____	
Type of Industry: _____	No. of Employees: _____
Address: _____	City: _____ Zip: _____
Phone: _____	Fax: _____ Email: _____
Signature: _____	Title: _____
Dates Attending: _____	_____
Participant Name: _____	Email: _____
Participant Name: _____	Email: _____
Participant Name: _____	Email: _____

**LOCATION:** To be determined.

**PAYMENT INFORMATION:** Payment must accompany registration to secure seat. Please make check out to Raising The Standard Consulting (USA) Inc. and mail it to our office. (Registration fee includes lunch and Participant’s handout for the course).

**REGISTRATION DEADLINE AND CANCELLATION POLICY:**

The registration deadline for this program is 3 days from the start date of the training. Any cancellations must be received two weeks prior to the start date of the training. Full refund will be made for cancellations received prior to that date. After that date, no refunds will be granted. Replacements accepted

*Raising The Standard Consulting (USA) Inc. reserves the right to cancel this course due to low enrollment.*

