



Of the Turning Point

This newsletter is to inform you of recent changes and trends regarding health and safety. The Turning Point is a monthly newsletter covering topics from various industries and sectors. The Turning Point will respond to your inquiries and inform you of current services and updates regarding Raising the Standard Consulting Inc.

could this happen AT YOUR WORKPLACE?

Georgia Manufacturer Cited for 36 Violations

SHADY DALE, GA - The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) cited Oldcastle Lawn & Garden Inc. after a workplace safety inspection found 36 violations that put employees at risk. The Shady Dale, Georgia, manufacturer of mulch and other products faces proposed penalties of \$251,108.

Inspectors cited the company for [safety](#) and [health](#) violations, including amputation, struck-by, caught-in, [electrical](#), and [fall hazards](#); fire hazards from accumulated [combustible dust](#); and exposure to [excessive noise](#) levels, and [hazardous energy during machine servicing and maintenance](#). The inspection was part of OSHA's [National Emphasis Program on Amputations](#).

"Employers are required to assess their workplace for potential hazards," said William Fulcher, OSHA Atlanta-East Area Office Director. "Unfortunately, this employer failed to correct a wide-range of safety deficiencies and needlessly put their employees at risk of serious injury."

Retrieved from: [Georgia Company Cited](#)

U.S. Depart. of Labor Finds Safety Violations Following Fatal Kentucky Shipyard Towboat Explosion

CALVERT CITY, KY - The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) has cited five contractors for safety and health violations after three employees were fatally injured and two others critically injured following an explosion onboard a towboat in Calvert City, Kentucky. The five companies collectively received 55 of violations with proposed penalties totaling \$795,254.

OSHA cited ship repair contractor First Marine LLC; insulation contractor Thermal Control and Fabrication Inc.; temporary staffing companies Hutco Inc. and Day Help LLC (doing business as Wise Staffing Group); and blasting and painting contractor Joe Rupcke. First Marine LLC has been placed in the agency's [Severe Violator Enforcement Program](#).

OSHA's investigation determined that the explosion occurred when employees were cutting and welding in an atmosphere containing flammable gases. OSHA issued citations for failing to test confined spaces before entry; train workers on [confined space](#)

entry operations; label chemical containers; exposing employees to asphyxiation, [fire, explosion](#), chemical, trip, and drowning hazards; and allowing hot work/welding to be performed without testing for an explosive atmosphere.

"This tragedy could have been prevented if the employers had followed proper confined space procedures and implemented appropriate safety measures," said OSHA Regional Administrator Kurt A. Petermeyer.

Retrieved from: [Kentucky Company Cited](#)

RTS Consulting would like to *congratulate* Bethel Contracting and our employee Isaac Ruiz on this great accomplishment!



In the picture, you will see Isaac Ruiz and Jeff Cochran in front of the 50,000 man hours poster.

Bethel Contracting LLC, recently had a celebration recognizing their project going 50,000 man hours without an injury or lost time event.

Also, It is important to note that I have actually been with this client from the beginning so it was the first time in my career that I was able to celebrate this accomplishment working from beginning to end. It was a great day for Bethel but even more for RTS Consulting.

OSHA Proposes Rule to Ensure Crane Operators Are Qualified To Safely Operate Equipment

The U.S. Department of Labor's Occupational Safety and Health Administration today announced a proposed rule to increase the safety of America's construction sites. In addition to providing long-term clarity regarding crane operator certification requirements, the proposal reinstates the employer duty to ensure that a crane operator is qualified to safely operate equipment.

Under the proposed rule, a change to the categories of certifications for crane operators would ensure more operators are able to meet the requirement. The proposal discontinues a 2010 requirement, which never went into effect, that crane operator certification must include the crane lifting capacity for which the operator is certified. The proposal would expand the type of certification programs for crane operators.

Comments on the proposed rule may be submitted electronically at <http://www.regulations.gov>, the Federal e-Rulemaking Portal, or by facsimile or mail. See the Federal Register notice for submission details. Comments must be submitted by June 20, 2018.

OSHA recently published a final rule extending the operator certification compliance date until November 10, 2018, in order to provide the agency with additional time to complete this rulemaking to address stakeholder concerns related to the Cranes and Derricks in Construction standard.

Retrieved from: [HERE](#)

The [Hawaii Occupational Safety and Health Division](#) issued [nine citations](#) and \$198,828 in penalties to the City and County of Honolulu Board of Water Supply for exposing workers to trenching and excavation hazards. Inspectors concluded that the employer failed to provide a safe means of exit, properly install a shoring system, and control the accumulation of water in a trench where three workers were installing a water main. The utility was cited for these violations in 2014 and 2017.

*For specialized competent person, excavation & trenching training see our [SAFETY TRAINING SCHEDULE](#)

Disaster & Emergency MANAGEMENT

Recovering from Orlando: The Role of a Critical Incident Stress Team

Critical Incident Stress Management

Critical incident stress management (CISM) is a short-term, psychological first-aid intervention strategy that can help mitigate long-term mental health issues for first responders. CISM interventions encourage individuals to emote the impact of the cognitive, emotional, and psychological symptoms that manifest as a direct result of exposure to traumatic stress, especially repetitive traumatic stress. CISM aims to return those involved to a pre-event 'normal' status quicker than if left to their own devices and deter PTSD.

The June 12 massacre inside an Orlando nightclub left 49 people dead and 53 wounded. After police killed the gunman, officers, firefighters and medical professionals entered the building to provide aid to the wounded. [According to news reports](#), the scene inside was absolute carnage with bodies scattered across the dance floor and in the restrooms. The trauma of the event affected not only those who were in the nightclub that night, but also those who responded.

The Role of a Critical Incident Stress Team

American Military University's criminal justice program director, [Dr. Chuck Russo](#), lives in Central Florida and was a founding member of his agency's Critical Incident Stress Team (CIST). He is also the team leader for Florida's Regional Disaster Behavioral Health Assessment Team. In that role, he oversees psychologists, psychiatrists and social workers, as well as specially trained volunteers, who provide services to first responders following a traumatic incident. Russo was on call for several days following the Orlando incident, ready to provide support to the police officers, firefighters, medical personnel and other first responders who assisted with the gruesome scene. While Russo's team was not deployed to assist in Orlando, he has spoken with several colleagues who were involved. "Most people hadn't seen anything like it before – the only ones who had seen anything similar had been in war," he said. There's no level of training as intense as actually [responding to a mass casualty incident](#). "If you're a police officer long enough, you're going to come across bodies and the results of violence. Most officers can deal with a certain level of blood and gore, but this exceeded everyone's normal," he said.

CIST Members Help Officers Return to 'Normal'

Immediately after responding to an incident, Critical Incident Stress Team members start discussions with first responders about what to expect, both physically and mentally. Reactions can vary widely. For example, many people will have physical reactions like nightmares, difficulty sleeping, flashbacks, mood swings, sexual dysfunction, extreme changes in appetite, and visual or auditory distortions.

There is often a psychological reaction as well. Some individuals may become emotionally numb while others exhibit extreme aggressiveness. Often officers have a hard time remembering certain aspects of the incident. Others fixate on the event, playing it through their mind repeatedly. *"Many officers end up playing the 'what if' game and questioning their actions,"* said Russo. Some feel guilty about not being able to help more people or convincing themselves they could've done more to try to change the outcome. All of these responses can add to the stress a responder is feeling, so it's important for them to be prepared to experience an array of emotions.

"CIST members help responders understand that they are having a normal reaction to an abnormal event," said Russo.

As a general rule, Russo said about 80 percent of first responders will return to normal without external assistance. However, as many as 20 percent of responders may have a difficult time returning to normal because of what they did, saw, heard and smelled. For those, Critical Incident Stress Team members do a preliminary assessment and refer responders to appropriate professionals, whether they are psychologists, licensed mental health practitioners or licensed clinical social workers.

In addition to educating responders, it's also important to offer support to families. Spouses need to know what to expect when their loved one experiences trauma. *"Spouses are the ones who will pick up on changes in a person's personality and change in sleeping, eating or mood,"* said Russo. *"They need to know what is a normal reaction and what is beyond normal or what is self-destructive so they know when to seek help for that person."*

Some people will have reactions immediately after an incident, while others may not respond until days, weeks, or even months later. Regardless of the timing, it's important for the person – and their family members – to continually assess a person's behavior to ensure that it's not impeding their ability to function and seek help when needed.

[ARTICLE HERE](#)

MSHA Seeks to Improve Safety through TECHNOLOGY

The Mine Safety and Health Administration (**MSHA**) has published a request for information (RFI) aimed at gathering data about technologies that could improve mine safety conditions.

The RFI, which is available on the Federal Register, focuses on reducing accidents involving mobile equipment at surface mines, and belt conveyors at surface and underground mines.

"The Trump Administration is committed to the health and safety of America's miners. Through the deployment of modern technologies, such as proximity detection, we can help ensure that miners return home safely at the end of their shifts," said David G. Zatezalo, assistant secretary of labor for mine safety and health, in a statement. *"MSHA is also interested in learning more about how seat belts can be more widely used in mining operations to prevent injuries."*

Mobile equipment at surface operations includes bulldozers, front-end loaders and trucks, while belt conveyors are used to transport materials in surface and underground mines. The RFI is part of a larger initiative that **MSHA** is undertaking to reduce accidents involving powered haulage – which includes haul trucks, front-end loaders and other large vehicles – as well as belt conveyors.

As part of this effort, **MSHA** plans to hold stakeholder meetings and will provide technical assistance, and develop best practices and training materials to raise awareness of hazards related to mobile equipment and belt conveyors. The Agency also may consider engineering controls that increase the use of seatbelts, enhance equipment operators' ability to see all areas near the machine, warn equipment operators of potential collision hazards, prevent an equipment operator from driving over the edge of a highwall or dump point and help prevent hazards related to working near moving belt conveyors.

[Find article here](#)



PUBLIC SAFETY TRAINING SCHEDULE FOR SAFETY PROFESSIONALS

8-Hour Competent Person Confined Space Training

This course goes beyond the basic awareness level of introductory courses and into details necessary when learning not just how to protect yourself, but what it takes to initiate a program and create a safe working environment for those you may be responsible for at your place of employment.

Who is This Course For?

This course is for anyone that is required to manage a safety program, or responsible to be the on-site competent person.

Recommended:

Lead Hand, Forman, Safety Managers, Safety Directors, On-site Managers, Supervisors, Section Leads, Responsible Persons

Cost: \$225.00 | **Schedule:** July 18 | Sept 21 | Nov 30

24-Hour Fall Protection Competent Person

RTS Consulting's Competent Person course ensures that each student will receive all of the proper training pursuant to OSHA's requirement of Competent Persons for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31. This course will go beyond the basic awareness level of introductory courses and into details necessary when learning not just how to protect yourself, but what it takes to initiate a program and create a safe working environment for those you may be responsible for at your place of employment.

Who is This Course For?

This course is for anyone that will be required to manage a safety program, or responsible to be the on-site competent person. Recommended: Lead Hand, Forman, Safety Managers, Safety Directors, Onsite Managers, Supervisors, Section Leads, Responsible Persons.

Cost: \$650 + HST | **Schedule:** July 9-11 | Aug 1-3 | Sept 4-6 | Oct 1-3 | Nov 5-7 | Dec 3-5

8-Hour End User Fall Protection Training

RTS Consulting's 8-hour End User Fall Protection Course ensures that each student will receive the proper training pursuant to OSHA's requirement of End User for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31.

Who is This Course For?

This course is for anyone that might be exposed to fall hazards from heights.

Cost: \$200.00 | **Schedule:** July 16 | Aug 10 | Sept 10 | Oct 10 | Nov 19 | Dec 17

Construction Health and Safety Technician (CHST) Prep Course (3-day course)

Our experienced safety professionals will assist you in the preparation for the examination by giving participants a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Topics covered include: how to use the workbook, OHST examination and history, how to select a calculator, reference material, description and analysis of the OHST examination, about the computer examination, calculator warm up exercises, scientific and engineering notation, signed numbers, formula transpositions, unit conversions, conversion questions, conversion answers, math questions, math answers, gas laws, chemistry, physics questions, physics answers, OSHA 300, statistics, equations used most often.

Instruction is presented on topical matters to pass the certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

Safety Trained Supervisor (STS) in Construction (3-day course)

Participants are given a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Instruction is presented on topical matters relevant to the particular certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

The Safety Trained Supervisor in Construction Course will meet the Examination Blue Print changes of the Board of Safety Professionals 2011. Topics include:

1. Conduct risk assessments by performing pre-task hazard analyses and evaluating personal protective equipment (PPE), tools, equipment, and job expectations, in order to mitigate hazardous conditions and minimize the risk of incident or injury.
2. Confirm that employees have the necessary job-specific technical skills and qualifications by observing work practices or reviewing training records in order to ensure competent staff.
3. Ensure that personnel in the work area are oriented to safety and health considerations by communicating hazardous conditions and monitoring behaviors in order to help ensure that applicable rules and emergency action plans are understood.
4. Evaluate work practices by observing employees' behavior and their use of PPE, tools, and equipment in order to minimize the risk of incident or injury and to comply with applicable standards.
5. Ensure safety and health standards are implemented through coaching and by correcting observed deficiencies in order to maintain a safe and healthful work environment.
6. Take appropriate action when confronted with unsafe acts and conditions by exercising stop-work authority, modifying tasks, escalating issues to higher management, consulting with qualified professionals (when the matter is outside the scope of the supervisor's capabilities, etc.) and disciplining employees in order to minimize the risk of incident or injury.
7. Facilitate a positive, proactive safety culture by anticipating hazards, modeling and coaching safe behavior, reporting incidents, encouraging employee participation, and communicating performance measures in order to enhance safety and health.
8. Evaluate employees using safety performance and behavior as key criteria in order to hold employees accountable for safety.
9. Participate in investigations that determine causes, identify corrective actions, document lessons learned, and address employee concerns using recognized investigation techniques in order to minimize the risk of workplace incidents.
10. Verify the effectiveness of emergency action plans through training and practice in order to ensure effective response in crises.

11. Coordinate operations and work processes with other supervisors by communicating effectively in order to minimize risk.
12. Perform safety and health-related record keeping in accordance with applicable standards using established procedures in order to document essential processes.
13. Comply with company and STS codes of ethics by resolving issues consistently with these.

Course materials will consist of lecture materials accompanied by PowerPoint slides containing content consistent with the applicable examination and standards and best practice.

First Aid/CPR/AED Train-the-Trainer (2-day course)

This course covers the required skills needed to train the elements of the first aid/CPR/AED training.

SUPERVISOR AND GENERAL SAFETY TRAINING

Supervisor Safety Training (2-day course)

We provide two Supervisor Safety Training Programs. One is called START which stands for Supervisors Training in Accident Reduction Technics and it teaches the Supervisors their respective levels of accountability in the event of an incident. It also talks about what is a safety culture and shares the true cost of incidents and the direct impact on the project and/or company's bottom line.

The other program is called On the Front Lines. It goes from the perspective of a company that thought they were doing well and had recently won a safety award and then had a significant incident. It goes to show the type of mentality that Management personnel as well as field personnel go through, especially when it's somebody that they all know. This program also teaches about incident costs and EMR rates and how it relates to the company's overall ability to bid competitively on projects.

So You're Getting Inspected by OSHA!?? (2-hour course)

This 2-hour course will cover what things an employer or on site employer representative must know when dealing with an OSHA Inspection. Learn what the inspectors need to do to identify themselves, can you make an inspector wait or not? Can the inspector question employees without a management representative being a part of it? Learn the overall process of how an OSHA Inspection is carried out:

- Identification of the Inspector
- Opening Conference
- Inspection Tour
- Closing Conference

First Aid/CPR/AED (4-hour course)

This 4-hour course covers the required elements for full certification: Set-Up & Site Evaluation, primary assessment, rescue breathing, CPR Techniques, choking management, control of bleeding, shock management and hands-on auto external defibrillator (AED) training.

Forklift/Telescopic Reach Forklift/Aerial Lift (1-day course)

The lift training and refresher will be completed in two sessions and covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 4-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score of 100% on the theory session if they which to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Scissor Lift and Refresher (½-day course)

The lift training and refresher will be completed in two sessions and cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 2-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score 100% on the theory session if they which to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Traffic Control/Flagger Awareness (2-hour course)

This 2 hour course will cover the following:

Identify the responsibilities of a flagger, describe the proper way to place signs, describe the proper position for flagging, define the flagging procedures for stop, slow and proceed, identify the correct procedure for various flagging situations, describe the proper conduct in flagging.

Supported Scaffold Awareness (½-day course)

This 4-hour course covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, regarding safety related to pipe scaffolds including fall protection, electrical hazards, inspections, protective equipment.

Anyone who works on pipe scaffolding regardless of the height are required to take a four hour Supported Scaffold User Course. This includes frames that are only one section high, baker scaffolds, rolling towers, and stair towers. No one is exempt from this training certification including architects, engineers, and project managers.

Supported Scaffold Competent Person Training (6-hour course)

This 6-hour supported scaffold training course will educate your personnel on how to minimize or avoid injury and follow the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1. In this class, your personnel will find out about getting at ramps, ladders, stairway towers, and walkways. They'll discover how to avoid hazards with beneficial housekeeping. In this supported scaffold training course they'll find out about the use of hard hats, debris-nets and toe boards. They'll find out about OSHA's height and guardrail regulations as well as suitable installation and assembly of industrial scaffolding. Industrial scaffolding certification training for supported scaffolds is mandatory by Occupational Safety and Health Administration (OSHA).

Trenching Excavation Competent Person (6-hour course)

This is a 6-hour "competent person" course. The Trenching and Excavating Safety Course helps employers and employees comply with the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, by determining what type of working hazards exist, how to correct them and the responsibilities of the competent person. It also conveys the importance of using the right protective system during excavation work. Participants receive a wallet-sized certificate of completion from RTS Consulting Inc.

Fall Protection Awareness (2-hour course)

This 2-hour Fall Protection Awareness Safety Course identifies the types of fall protection and is designed to help employees recognize and correct fall hazards in the workplace before an accident can occur.

HAZCOM (4-hour course)

In this course the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 will be covered. Upon completion of this 4-hour training course the student will be familiar with:

- Hazard Determination
- Hazardous Chemical List
- Material Safety Data Sheets
- Definitions associated with Hazard Communications
- Hazardous Material Labeling System
- Employee Training

HAZWOPER/First Responder Operations Level (8-hour course)

This course covers broad issues pertaining to the hazard recognition at work sites. OSHA has developed the HAZWOPER program to protect the workers working at hazardous sites and devised extensive regulations to ensure their safety and health. This course, while identifying different types of hazards, also suggests possible precautions and protective measures to reduce or eliminate hazards at the work place. This course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Course Overview:

This Course will focus on the following topics:

- Regulation Overview
- Site Characterization
- General
- Site Safety and Health Plan (SSHP)
- Responsibilities
- Training
- RCRA, TSD Facilities
- Toxicology
- Hazard Recognition
- Personal Protective Equipment
- Site Control
- Decontamination
- Medical Surveillance
- Facilities or Construction Project Emergency Response
- Fire Protection

HAZWOPER (24-hour course)

This course fulfills your requirements for certification under 29 CFR, Part 1910.120, 229 CFR 1926.65 or other applicable state regulations for certification to the 24-hour Occasional Site Worker level.

HAZWOPER (40-hour course)

HAZWOPER 40-Hour Training Course is required for workers that perform activities that expose or potentially expose them to hazardous substances. The course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

This course is specifically designed for workers who are involved in clean-up operations, voluntary clean-up operations, emergency response operations, and storage, disposal, or treatment of hazardous substances or uncontrolled hazardous waste sites. Topics include

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment
- Work practices by which the employee can minimize risks from hazards
- Safe use of engineering controls and equipment on the site
- Medical surveillance requirements, including recognition of symptoms and signs which might indicate overexposure to hazards

OSHA 30-Hour Safety Course

This four-day course is designed for individuals responsible for implementing, managing & enforcing workplace safety efforts. Class curriculum provides a detailed, cross-referenced awareness of OSHA construction standards and their job site implementation. Syllabus includes: regulatory requirements; safety/health/environmental controls; personal protective equipment; materials handling; fire prevention; hand and portable power tools; electrical safety . . . and more. You will receive a 30-Hour OSHA Outreach card.

OSHA 10-Hour Safety Course

OSHA requires that all employees be trained to recognize the hazards that exist in their workplace, about safety rules that apply for the work they do, and in the safe working practices to accomplish their work.

This two-day class starts with OSHA Regulations for the Construction Industry. Your employees attending this session leave with a much better understanding of the structure of these rules, where to go to learn more, and the most frequently cited violations for each part.

Topics Covered:

- Scaffolds and Ladders
- Excavation and Trenching/Shoring
- Electrical Safety
- Floor and Wall Openings
- Personal Protective Equipment
- Health Hazards
- Heavy Equipment Operation
- Welding and Cutting
- Power Tools
- Material Handling
- Steel Erection
- Concrete and Masonry Construction

Confined Space Competent Person (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 and will cover:

- Being able to identify the differences between a non-permit confined space and a permit-required confined space
- Understanding the responsibilities of an Attendant, Entrant and Entry Supervisor
- The hazards of working within a confined space
- Equipment needed to safely work within a confined space
- How and Who creates a permit if a space is deemed Permit Required Confined Space
- How to set up the emergency rescue equipment
- Competent Person responsibilities
- Proper signage and delineation of the work areas

Respiratory Protection (4-hour course)

This 4-hour course will cover the protocols for respirator training/fit testing that meets EM 385-1-1, HIOSH 12-64.1, OSHA 1910.134, NAVOPINST 5100, AR 11-34, AFOSH and Coast Guard, review of OSHA revised standards as they pertain to Hawaii, NIOSH 42 CFR 84 Particulate standard and new respirator technology.

Electrical Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Electrical Standard Information
2. Definitions of electricity
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements for Flexible (extension) cords

Competent Person Electrical Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Ladder Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Ladder Standard Information
2. Ladder Types:
 - a. Fiber glass
 - b. Aluminum
 - c. Extension
 - d. Step Ladders
3. Inspection Requirements:
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Ladder Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Hazardous Energy Control (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Lock Out/Tag Out Standard Information
2. Definitions of LOTO
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Hazardous Energy Control/Lock-Out (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

All training sessions can be presented on-site and on any state island. (Lanai, Kauai, Oahu, Maui, Molokai and Hawaii (Big Island))

*A substantial discount will be given for large groups. Please call for special group pricing.

Please note: Training occurring on weekends and holidays will be subject to an additional 25% rate increase.

Compliance Audits

RTS Consulting offers compliance audits for clients who would like an understanding of where they stand in their health and safety program. Based on previous investigations, client- specific- audits will be conducted in areas such as:

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment

Manage Your Entire Workplace's SAFETY PROGRAM

- » RTS Consulting can put your organization on the road to success with our Guardian Protection System by identifying, assessing & controlling risks to your workers.
- » We have partnered with hundreds of organizations over the last 20+ years and have identified the key elements which every organization must maintain to stay on the path to zero accidents.
- » Our Guardian Protection System (GPS) will direct you to your destination. You will always know where you are and we will ensure you are on the most cost efficient and direct route to zero accidents and improved health and safety.
- » We will identify your hazards, provide you with safe operating policies & procedures, workplace specific training.
- » We will assist you with your monthly inspections, accident investigation and reporting. GPS will keep you from getting off track and minimize the risk of injuries in your workplace.
- » We will monitor your progress towards your destination and ensure your goals are communicated to your employees.
- » We have the map to direct you. Not only that but with our Guardian Prevention System (GPS) we will constantly know where you are in relationship to where you are going to ensure the most efficient route. The ultimate GPS to reach your destination



Benefits of the GUARDIAN PROTECTION SYSTEM

- » Save dollars.
- » Reduced customer and employee injuries.
- » Reduced employee absenteeism.
- » Reduced training costs.
- » Establish & maintain 'Due Diligence'.
- » Assured Provincial and Federal legislation compliance.
- » Decrease employee turnover.
- » Increase employee morale RTS will provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

GUARDIAN PROTECTION SYSTEM

RTS Consulting Inc. will provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

10/30
hour training

ONLINE TRAINING NOW AVAILABLE!
Available through RTS Consulting, **10/30 HOUR TRAINING** with a limited time discount offer! See below for details:

10 and 30 Hour Construction Safety (Free Study Guide)

Cost \$199

Register here: [10/30CONSTRUCTION](#)

OHSA 30 Hour Construction Training (Free Study Guide) or OHSA 30 Hour General Industry Training (Free Study Guide)

Cost \$189, now \$169

Register here: [OHSA30HOUR](#)

OHSA 10 Hour Construction Training (Free Study Guide) or OHSA 10 Hour General Industry Training (Free Study Guide)

Cost \$79

Register here: [OHSA10HOUR](#)

Learn2Serve Food Safety Manager Principles Training & Food Manager Exam

Normally \$160, now \$125

Register here: [FOODSAFETY](#)

WEB-BASED training

Raise the safety, health, and productivity of your employees to the top of your agenda and provide training solutions that deliver real results. We provide web-based training programs for the convenience of your organization



HEALTH CARE EDUCATION

This module consists of 12 unique courses designed to provide participants with a well-rounded understanding of safety in the health care industry. You'll learn everything from how to recognize & prevent workplace violence to gaining basic knowledge of patient's rights and confidentiality.

TECHNICAL, INDUSTRIAL & SAFETY SKILLS

The goal of this training is to help participants to understand the risks and take the necessary precautions for the health & safety of workers and how to prevent accidents within the technical & industrial trades.

This module is divided into 5 sub-sections:

- Canada Safety
- OSHA - Construction
- OSHA - General Industry
- OSHA - Hazardous Waste Training

Sign Up Today!

PUBLIC SAFETY

The basis of this training covers the key components of human resources with emphasis on courses such as employment law, handling conflict and confrontation and explores successful arbitration and mediation methods. It also includes courses that aid in improving business-writing skills and offers advanced insight for analyzing financial statements.

Learn2Serve Food Safety Manager Principles Training & Texas Food Safety Manager Exam

Cost \$99, now \$85.15 plus take \$13 off with code

"MANAGERDEAL" (expires 6/30/2015) Register here (contains referral code): [FOODSAFETYTEXAS](#)

Texas Food Handler & TABC Certification Package

Cost \$21.99

Register here (contains referral code): [TEXASHANDLER](#)

Illinois BASSET On-Premises Alcohol Seller-Server

Cost \$14.95

Register here (contains referral code): [ILLINOISSERVER](#)

Learn2Serve Utah On-Premises Alcohol Seller/Server

Cost \$16.95

Register here (contains referral code): [UTAHSERVER](#)

Wisconsin Responsible Beverage Server Training

Cost \$14.95

Register here (contains referral code): [WISCONSINSERVER](#)

For more information contact our office by email or visit us online:

rtscusa@rtsconsulting.com | www.rtsconsulting.com



RAISING THE STANDARD CONSULTING (USA) INC.

Seven Waterfront Plaza, 500 Ala Moana Blvd, Suite 400, Honolulu, HI 96813

Tel (808) 426-3464 | Fax (905) 840-3135

rtscusa@rtsconsulting.com ~ www.rtsconsulting.com

