



Of the Turning Point

This newsletter is to inform you of recent changes and trends regarding health and safety. The Turning Point is a monthly newsletter covering topics from various industries and sectors. The Turning Point will respond to your inquiries and inform you of current services and updates regarding Raising the Standard Consulting Inc.

could this happen AT YOUR WORKPLACE?

Omaha Company Cited for Exposing Workers to Trenching Hazards - OSHA Proposes \$38,061 in Penalties

OMAHA, NE - The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) has cited Omaha-based plumbing contractor Gavrooden Inc. for the second time in less than six months for failing to protect its workers from excavation collapse hazards. Gavrooden Inc., doing business as Mr. Rooter Plumbing, faces proposed penalties of \$38,061.

OSHA inspectors observed employees working in an unprotected trench while repairing a sewer line. OSHA cited the company for one willful and four serious [violations](#) for failing to use a protective system to prevent trench collapse; train workers on trenching hazards; and place soil piles a safe distance from the open excavation. OSHA cited the company in November 2017 for similar hazards at another worksite.

"Trenching and excavation are among the most hazardous jobs in construction," said Jeff Funke, OSHA Omaha Area Office Director. "This employer has endangered workers by disregarding safety requirements to prevent cave-ins."

Retrieved from: [Omaha Company Cited](#)

NEWS FOR HEALTH & SAFETY

OSHA ISSUES DIRECT FINAL RULE REVISING BERYLLIUM STANDARD FOR GENERAL INDUSTRY

WASHINGTON, DC - The Occupational Safety and Health Administration (OSHA) today issued a [direct final rule \(DFR\)](#) clarifying aspects of the beryllium standard for general industry as it applies to processes, operations, or areas where workers may be exposed to materials containing less than 0.1% beryllium by weight.

The DFR clarifies the definitions of Beryllium Work Area, emergency, dermal contact, and beryllium contamination. It also clarifies provisions for disposal and recycling, and provisions that the Agency intends to apply only where skin can be exposed to materials containing at least 0.1% beryllium by weight.

The direct final rule will become effective on July 4, 2018, unless the Agency receives significant adverse comments by June 4, 2018.

Retrieved from: [Health and Safety News](#)

OSHA SCHEDULES MEETING TO REQUEST COMMENTS ON WHISTLEBLOWER ISSUES IN THE RAILROAD AND TRUCKING INDUSTRIES

WASHINGTON, DC - The Occupational Safety and Health Administration (OSHA) has scheduled a [meeting](#) June 12, 2018, in Washington, D.C., to solicit comments and suggestions from stakeholders in the railroad and trucking industries on whistleblower issues within the jurisdiction of the agency.

OSHA seeks input on how the Agency can better deliver whistleblower customer service, and what kind of assistance the Agency can provide to help explain the whistleblower laws it enforces. This meeting will be the first in a series of meetings requesting public input on the whistleblower program.

The meeting is open to the public, and will be held from 1:00-3:00 p.m. ET in Room N-3437 A-B, at the U.S. Department of Labor, 200 Constitution Ave., NW, Washington, DC 20210. Individuals interested in participating or attending the meeting, either in-person or via telephone, must register by May 29, 2018, at <https://www.eventbrite.com/e/occupational-safety-and-health-administration-stakeholder-meeting-registration-45311347460>.

There is no fee to register. All materials may be submitted electronically at <http://www.regulations.gov>, which is the Federal eRulemaking Portal using OSHA Docket No. OSHA-2018-0005.

OSHA enforces the whistleblower provisions of 22 statutes protecting employees who report violations of airline, commercial motor vehicle, consumer product, environmental, financial reform, food safety, health care reform, nuclear, pipeline, public transportation agency, railroad, maritime, and securities laws. More information is available at <http://www.whistleblowers.gov>.

Retrieved from: [Health and Safety News](#)

BCSP to Raise Education Requirement for CSP CERTIFICATION

Continuing to lead as the Gold Standard of safety, health, and environmental (SH&E) certifications, BCSP will require those who apply for the CSP to hold a minimum of a bachelor's degree beginning July 2, 2018.

This update reflects the growth in SH&E knowledge, an integral component in the advancement of the profession. BCSP will continue that advancement by raising the bar, keeping CSPs at the forefront of SH&E practice.

Several other certifications accredited by ANSI under the ISO/IEC 17024 standard require a minimum of a bachelor's degree. The requirement follows the findings in the International Network of Safety and Health Practitioner Organizations' (INSHPO) The Occupational Health and Safety (OHS) Professional Capability Framework, a consensus-based document developed from an international analysis of data from national professional associations and certification bodies and a key item in the Singapore Accord.

The Associate Safety Professional® (ASP®) certification's requirements will not change. Any person who applied, or will apply, for the CSP with an associate degree before July 2, 2018, and is found eligible for the CSP examination will have several options to comply with the change in the education requirement. These options are open through December 31, 2020.

It is BCSP's goal to ensure all certified professionals meet professional standards. Email notifications with all options explained have been sent to those affected.

*Taken from: [HERE](#)

BCSP and OSHA Form Alliance COLLABORATE ON CAMPAIGNS

The Board of Certified Safety Professionals (BCSP) and the Occupational Safety and Health Administration (OSHA) have formed an alliance to provide information and guidance to SH&E practitioners and other stakeholders so they can best protect workers' safety and health.

As part of the two-year agreement, BCSP will work with OSHA to engage safety and health professionals and their employers in Agency outreach initiatives, such as the Safe + Sound Campaign and the National Safety Stand-Down to Prevent Falls in Construction.

"As BCSP provides safety practitioners the opportunity to demonstrate their experience, skills, and knowledge through quality, accredited certification, and OSHA supplies stakeholders with guidelines and resources to strengthen their safety programs, this alliance is a natural fit for the two organizations," said BCSP CEO Treasa Turnbeaugh, PhD, CSP, ASP, CET, CAE. "By enhancing careers and advancing the profession, BCSP and OSHA's combined initiatives will better protect people, property, and the environment."

The National Safety Stand-Down is scheduled for May 7-11, 2018, providing a week for employers to talk directly to employees about safety. Fatalities caused by falls continue to be a leading cause of death for construction employees, and these accidents are preventable. Anyone who wants to prevent hazards in the workplace can participate in the **Stand-Down**.

The second annual Safe + Sound Week will be held Aug. 13-19, 2018. The event is a nationwide effort to raise awareness of the value of workplace safety and health programs. These programs can help employers and workers identify and manage workplace hazards before they cause injury or illness, improving a company's financial bottom line and demonstrating corporate responsibility.

*Taken from: [HERE](#)

Disaster & Emergency MANAGEMENT

Due to the volcano eruption on the big island Hawai'i RTS Consulting would like to focus on how to prepare and react should you be in an area where a volcano eruption should occur.

Before a Volcanic Eruption

The following are things you can do to protect yourself, your family and your property in the event of a volcanic eruption.

- Build an Emergency Supply Kit, which includes items like non-perishable food, water, a battery-powered or hand-crank radio, extra flashlights and batteries. You may want to prepare a portable kit and keep it in your car in case you are told to evacuate. This kit should also include a pair of goggles and disposable breathing masks for each member of the family.
- Make a Family Emergency Plan. Your family may not be together when disaster strikes, so it is important to know how you will contact one another, how you will get back together and what you will do in case of an emergency.

During a Volcanic Eruption

- Follow the evacuation order issued by authorities and evacuate immediately from the volcano area to avoid flying debris, hot gases, lateral blast & lava flow.
- Be aware of mudflows. The danger from a mudflow increases near stream channels and with prolonged heavy rains. Mudflows can move faster than you can walk or run. Look upstream before crossing a bridge and do not cross the bridge if a mudflow is approaching.
- Avoid river valleys and low-lying areas.
- Remember to help your neighbors who may require special assistance - infants, elderly people and people with access and functional needs.

Protection From Falling Ash

- › If you are unable to evacuate, and in order to protect yourself from falling ash, you should remain indoors with doors, windows and ventilation closed until the ash settles.
- › If you have a respiratory ailment, avoid contact with any amount of ash. Stay indoors until local health officials advise it is safe to go outside.
- › Listen to a battery-powered radio or television for the latest emergency information.
- › Wear long-sleeved shirts and long pants.
- › Use goggles and wear eyeglasses instead of contact lenses.
- › Use a well-fitting, certified facemask such as an N95. The Center for Disease Control and Prevention (CDC) has a list of certified masks & maker's instructions on how to use them.
- › Stay away from areas downwind from the volcano to avoid volcanic ash.
- › Stay indoors until the ash has settled unless there is a danger of the roof collapsing.
- › Close doors, windows, and all ventilation in the house (chimney vents, furnaces, air conditioners, fans and other vents).
- › Clear heavy ash from flat or low-pitched roofs and rain gutters.
- › Avoid running car or truck engines. Driving can stir up volcanic ash that can clog engines, damage moving parts, and stall vehicles.
- › Avoid driving in heavy ash fall unless absolutely required. If you have to drive, keep speed down to 35 MPH or slower.

After a Volcanic Eruption

- Go to a designated public shelter if you have been told to evacuate or you feel it is unsafe to remain in your home. Text SHELTER + your ZIP code to 43362 (4FEMA) to find the nearest shelter in your area (example: shelter 12345).
- Local authorities may not immediately be able to provide information on what is happening and what you should do. However, you should listen to NOAA Weather Radio, watch TV, listen to the radio or check the Internet often for official news and instructions as they become available.

Visit <https://www.ready.gov/volcanoes> for more information.



PUBLIC SAFETY TRAINING SCHEDULE FOR SAFETY PROFESSIONALS

8-Hour Competent Person Confined Space Training

This course goes beyond the basic awareness level of introductory courses and into details necessary when learning not just how to protect yourself, but what it takes to initiate a program and create a safe working environment for those you may be responsible for at your place of employment.

Who is This Course For?

This course is for anyone that is required to manage a safety program, or responsible to be the on-site competent person.

Recommended:

Lead Hand, Forman, Safety Managers, Safety Directors, On-site Managers, Supervisors, Section Leads, Responsible Persons

Cost: \$225.00 | **Schedule:** July 18 | Sept 21 | Nov 30

24-Hour Fall Protection Competent Person

RTS Consulting's Competent Person course ensures that each student will receive all of the proper training pursuant to OSHA's requirement of Competent Persons for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31. This course will go beyond the basic awareness level of introductory courses and into details necessary when learning not just how to protect yourself, but what it takes to initiate a program and create a safe working environment for those you may be responsible for at your place of employment.

Who is This Course For?

This course is for anyone that will be required to manage a safety program, or responsible to be the on-site competent person. Recommended: Lead Hand, Forman, Safety Managers, Safety Directors, Onsite Managers, Supervisors, Section Leads, Responsible Persons.

Cost: \$650 + HST | **Schedule:** May 7-9 | June 4-6 | July 9-11 | Aug 1-3 | Sept 4-6 | Oct 1-3 | Nov 5-7 | Dec 3-5

8-Hour End User Fall Protection Training

RTS Consulting's 8-hour End User Fall Protection Course ensures that each student will receive the proper training pursuant to OSHA's requirement of End User for the standard 29 CFR 1926 Subpart M and EM 385-1-1 Sections 16,21,22,24,25,27,28 and 31.

Who is This Course For?

This course is for anyone that might be exposed to fall hazards from heights.

Cost: \$200.00 | **Schedule:** June 12 | July 16 | Aug 10 | Sept 10 | Oct 10 | Nov 19 | Dec 17

Construction Health and Safety Technician (CHST) Prep Course (3-day course)

Our experienced safety professionals will assist you in the preparation for the examination by giving participants a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Topics covered include: how to use the workbook, OHST examination and history, how to select a calculator, reference material, description and analysis of the OHST examination, about the computer examination, calculator warm up exercises, scientific and engineering notation, signed numbers, formula transpositions, unit conversions, conversion questions, conversion answers, math questions, math answers, gas laws, chemistry, physics questions, physics answers, OSHA 300, statistics, equations used most often.

Instruction is presented on topical matters to pass the certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

Safety Trained Supervisor (STS) in Construction (3-day course)

Participants are given a brief overview of the certification and the certification process. Each participant is guided through the completion of their application and documentation required in order to submit a complete application.

Instruction is presented on topical matters relevant to the particular certification examination. This instruction consists of both lecture and group discussion. On completion of the instruction, participants are given a mock examination to review materials presented and prepare them for the actual testing protocol.

The Safety Trained Supervisor in Construction Course will meet the Examination Blue Print changes of the Board of Safety Professionals 2011. Topics include:

1. Conduct risk assessments by performing pre-task hazard analyses and evaluating personal protective equipment (PPE), tools, equipment, and job expectations, in order to mitigate hazardous conditions and minimize the risk of incident or injury.
2. Confirm that employees have the necessary job-specific technical skills and qualifications by observing work practices or reviewing training records in order to ensure competent staff.
3. Ensure that personnel in the work area are oriented to safety and health considerations by communicating hazardous conditions and monitoring behaviors in order to help ensure that applicable rules and emergency action plans are understood.
4. Evaluate work practices by observing employees' behavior and their use of PPE, tools, and equipment in order to minimize the risk of incident or injury and to comply with applicable standards.
5. Ensure safety and health standards are implemented through coaching and by correcting observed deficiencies in order to maintain a safe and healthful work environment.
6. Take appropriate action when confronted with unsafe acts and conditions by exercising stop-work authority, modifying tasks, escalating issues to higher management, consulting with qualified professionals (when the matter is outside the scope of the supervisor's capabilities, etc.) and disciplining employees in order to minimize the risk of incident or injury.
7. Facilitate a positive, proactive safety culture by anticipating hazards, modeling and coaching safe behavior, reporting incidents, encouraging employee participation, and communicating performance measures in order to enhance safety and health.
8. Evaluate employees using safety performance and behavior as key criteria in order to hold employees accountable for safety.
9. Participate in investigations that determine causes, identify corrective actions, document lessons learned, and address employee concerns using recognized investigation techniques in order to minimize the risk of workplace incidents.
10. Verify the effectiveness of emergency action plans through training and practice in order to ensure effective response in crises.

11. Coordinate operations and work processes with other supervisors by communicating effectively in order to minimize risk.
12. Perform safety and health-related record keeping in accordance with applicable standards using established procedures in order to document essential processes.
13. Comply with company and STS codes of ethics by resolving issues consistently with these.

Course materials will consist of lecture materials accompanied by PowerPoint slides containing content consistent with the applicable examination and standards and best practice.

First Aid/CPR/AED Train-the-Trainer (2-day course)

This course covers the required skills needed to train the elements of the first aid/CPR/AED training.

SUPERVISOR AND GENERAL SAFETY TRAINING

Supervisor Safety Training (2-day course)

We provide two Supervisor Safety Training Programs. One is called START which stands for Supervisors Training in Accident Reduction Technics and it teaches the Supervisors their respective levels of accountability in the event of an incident. It also talks about what is a safety culture and shares the true cost of incidents and the direct impact on the project and/or company's bottom line.

The other program is called On the Front Lines. It goes from the perspective of a company that thought they were doing well and had recently won a safety award and then had a significant incident. It goes to show the type of mentality that Management personnel as well as field personnel go through, especially when it's somebody that they all know. This program also teaches about incident costs and EMR rates and how it relates to the company's overall ability to bid competitively on projects.

So You're Getting Inspected by OSHA!?? (2-hour course)

This 2-hour course will cover what things an employer or on site employer representative must know when dealing with an OSHA inspection. Learn what the inspectors need to do to identify themselves, can you make an inspector wait or not? Can the inspector question employees without a management representative being a part of it? Learn the overall process of how an OSHA inspection is carried out:

- Identification of the Inspector
- Opening Conference
- Inspection Tour
- Closing Conference

First Aid/CPR/AED (4-hour course)

This 4-hour course covers the required elements for full certification: Set-Up & Site Evaluation, primary assessment, rescue breathing, CPR Techniques, choking management, control of bleeding, shock management and hands-on auto external defibrillator (AED) training.

Forklift/Telescopic Reach Forklift/Aerial Lift (1-day course)

The lift training and refresher will be completed in two sessions and covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 4-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score of 100% on the theory session if they wish to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Scissor Lift and Refresher (½-day course)

The lift training and refresher will be completed in two sessions and cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Theory Session:

To conduct a 2-hour theory training session for your lift truck drivers. This training session can be done during a regular work day.

Video and power point training, which is designed to give the operator a good understanding of all the principles of using a lift truck will be used. Written test which will determine the participant's knowledge of the principles that have been discussed. Participants will be issued a wallet card upon successful completion of the course.

Note: Participants must receive a score 100% on the theory session if they wish to participate in the practical session.

Practical Sessions:

To conduct practical lift training sessions - each driver will receive approximately 30 minutes of training and evaluation.

To complete the training we will need to know the name and type of the equipment used by your company. We will also require an operator's manual at least one week before the training.

Traffic Control/Flagger Awareness (2-hour course)

This 2 hour course will cover the following:

Identify the responsibilities of a flagger, describe the proper way to place signs, describe the proper position for flagging, define the flagging procedures for stop, slow and proceed, identify the correct procedure for various flagging situations, describe the proper conduct in flagging.

Supported Scaffold Awareness (½-day course)

This 4-hour course covers the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, regarding safety related to pipe scaffolds including fall protection, electrical hazards, inspections, protective equipment.

Anyone who works on pipe scaffolding regardless of the height are required to take a four hour Supported Scaffold User Course. This includes frames that are only one section high, baker scaffolds, rolling towers, and stair towers. No one is exempt from this training certification including architects, engineers, and project managers.

Supported Scaffold Competent Person Training (6-hour course)

This 6-hour supported scaffold training course will educate your personnel on how to minimize or avoid injury and follow the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1. In this class, your personnel will find out about getting at ramps, ladders, stairway towers, and walkways. They'll discover how to avoid hazards with beneficial housekeeping. In this supported scaffold training course they'll find out about the use of hard hats, debris-nets and toe boards. They'll find out about OSHA's height and guardrail regulations as well as suitable installation and assembly of industrial scaffolding. Industrial scaffolding certification training for supported scaffolds is mandatory by Occupational Safety and Health Administration (OSHA).

Trenching Excavation Competent Person (6-hour course)

This is a 6-hour "competent person" course. The Trenching and Excavating Safety Course helps employers and employees comply with the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1, by determining what type of working hazards exist, how to correct them and the responsibilities of the competent person. It also conveys the importance of using the right protective system during excavation work. Participants receive a wallet-sized certificate of completion from RTS Consulting Inc.

Fall Protection Awareness (2-hour course)

This 2-hour Fall Protection Awareness Safety Course identifies the types of fall protection and is designed to help employees recognize and correct fall hazards in the workplace before an accident can occur.

HAZCOM (4-hour course)

In this course the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 will be covered. Upon completion of this 4-hour training course the student will be familiar with:

- Hazard Determination
- Hazardous Chemical List
- Material Safety Data Sheets
- Definitions associated with Hazard Communications
- Hazardous Material Labeling System
- Employee Training

HAZWOPER/First Responder Operations Level (8-hour course)

This course covers broad issues pertaining to the hazard recognition at work sites. OSHA has developed the HAZWOPER program to protect the workers working at hazardous sites and devised extensive regulations to ensure their safety and health. This course, while identifying different types of hazards, also suggests possible precautions and protective measures to reduce or eliminate hazards at the work place. This course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Course Overview:

This Course will focus on the following topics:

- Regulation Overview
- Site Characterization
- General
- Site Safety and Health Plan (SSHP)
- Responsibilities
- Training
- RCRA, TSD Facilities
- Toxicology
- Hazard Recognition
- Personal Protective Equipment
- Site Control
- Decontamination
- Medical Surveillance
- Facilities or Construction Project Emergency Response
- Fire Protection

HAZWOPER (24-hour course)

This course fulfills your requirements for certification under 29 CFR, Part 1910.120, 229 CFR 1926.65 or other applicable state regulations for certification to the 24-hour Occasional Site Worker level.

HAZWOPER (40-hour course)

HAZWOPER 40-Hour Training Course is required for workers that perform activities that expose or potentially expose them to hazardous substances. The course will cover the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

This course is specifically designed for workers who are involved in clean-up operations, voluntary clean-up operations, emergency response operations, and storage, disposal, or treatment of hazardous substances or uncontrolled hazardous waste sites. Topics include

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment
- Work practices by which the employee can minimize risks from hazards
- Safe use of engineering controls and equipment on the site
- Medical surveillance requirements, including recognition of symptoms and signs which might indicate overexposure to hazards

OSHA 30-Hour Safety Course

This four-day course is designed for individuals responsible for implementing, managing & enforcing workplace safety efforts. Class curriculum provides a detailed, cross-referenced awareness of OSHA construction standards and their job site implementation. Syllabus includes: regulatory requirements; safety/health/environmental controls; personal protective equipment; materials handling; fire prevention; hand and portable power tools; electrical safety . . . and more. You will receive a 30-Hour OSHA Outreach card.

OSHA 10-Hour Safety Course

OSHA requires that all employees be trained to recognize the hazards that exist in their workplace, about safety rules that apply for the work they do, and in the safe working practices to accomplish their work.

This two-day class starts with OSHA Regulations for the Construction Industry. Your employees attending this session leave with a much better understanding of the structure of these rules, where to go to learn more, and the most frequently cited violations for each part.

Topics Covered:

- Scaffolds and Ladders
- Excavation and Trenching/Shoring
- Electrical Safety
- Floor and Wall Openings
- Personal Protective Equipment
- Health Hazards
- Heavy Equipment Operation
- Welding and Cutting
- Power Tools
- Material Handling
- Steel Erection
- Concrete and Masonry Construction

Confined Space Competent Person (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1 and will cover:

- Being able to identify the differences between a non-permit confined space and a permit-required confined space
- Understanding the responsibilities of an Attendant, Entrant and Entry Supervisor
- The hazards of working within a confined space
- Equipment needed to safely work within a confined space
- How and Who creates a permit if a space is deemed Permit Required Confined Space
- How to set up the emergency rescue equipment
- Competent Person responsibilities
- Proper signage and delineation of the work areas

Respiratory Protection (4-hour course)

This 4-hour course will cover the protocols for respirator training/fit testing that meets EM 385-1-1, HIOSH 12-64.1, OSHA 1910.134, NAVOPINST 5100, AR 11-34, AFOSH and Coast Guard, review of OSHA revised standards as they pertain to Hawaii, NIOSH 42 CFR 84 Particulate standard and new respirator technology.

Electrical Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Electrical Standard Information
2. Definitions of electricity
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements for Flexible (extension) cords

Competent Person Electrical Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Ladder Safety (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Ladder Standard Information
2. Ladder Types:
 - a. Fiber glass
 - b. Aluminum
 - c. Extension
 - d. Step Ladders
3. Inspection Requirements:
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Ladder Safety (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

Hazardous Energy Control (2-hour course)

This 2-hour course will cover the following information:

1. OSHA Lock Out/Tag Out Standard Information
2. Definitions of LOTO
3. Inspection Requirements
 - a. Documentation of inspections
4. Maintenance Requirements

Competent Person Hazardous Energy Control/Lock-Out (6-hour course)

This 6-hour Competent Person Course will meet the requirements of Occupational Safety and Health Administration (OSHA), Hawaii Occupational Safety and Health (HIOSH) and EM 385-1-1.

All training sessions can be presented on-site and on any state island. (Lanai, Kauai, Oahu, Maui, Molokai and Hawaii (Big Island))

*A substantial discount will be given for large groups. Please call for special group pricing.

Please note: Training occurring on weekends and holidays will be subject to an additional 25% rate increase.

Compliance Audits

RTS Consulting offers compliance audits for clients who would like an understanding of where they stand in their health and safety program. Based on previous investigations, client- specific- audits will be conducted in areas such as:

- Protection against hazardous chemicals present on the site
- Elimination of hazardous chemicals
- Safety of workers and the environment
- OSHA regulations, HIOSH and EM 385-1-1
- Use of personal protective equipment

Manage Your Entire Workplace's SAFETY PROGRAM

- » RTS Consulting can put your organization on the road to success with our Guardian Protection System by identifying, assessing & controlling risks to your workers.
- » We have partnered with hundreds of organizations over the last 20+ years and have identified the key elements which every organization must maintain to stay on the path to zero accidents.
- » Our Guardian Protection System (GPS) will direct you to your destination. You will always know where you are and we will ensure you are on the most cost efficient and direct route to zero accidents and improved health and safety.
- » We will identify your hazards, provide you with safe operating policies & procedures, workplace specific training.
- » We will assist you with your monthly inspections, accident investigation and reporting. GPS will keep you from getting off track and minimize the risk of injuries in your workplace.
- » We will monitor your progress towards your destination and ensure your goals are communicated to your employees.
- » We have the map to direct you. Not only that but with our Guardian Prevention System (GPS) we will constantly know where you are in relationship to where you are going to ensure the most efficient route. The ultimate GPS to reach your destination



Benefits of the GUARDIAN PROTECTION SYSTEM

- » Save dollars.
- » Reduced customer and employee injuries.
- » Reduced employee absenteeism.
- » Reduced training costs.
- » Establish & maintain 'Due Diligence'.
- » Assured Provincial and Federal legislation compliance.
- » Decrease employee turnover.
- » Increase employee morale RTS will provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

GUARDIAN PROTECTION SYSTEM

RTS Consulting Inc. will provide you with a customized and comprehensive online health & safety program that is guaranteed to benefit your workplace environment.

10/30
hour training

ONLINE TRAINING NOW AVAILABLE!
Available through RTS Consulting, **10/30 HOUR TRAINING** with a limited time discount offer! See below for details:

10 and 30 Hour Construction Safety (Free Study Guide)

Cost \$199

Register here: [10/30CONSTRUCTION](#)

OHSA 30 Hour Construction Training (Free Study Guide) or OHSA 30 Hour General Industry Training (Free Study Guide)

Cost \$189, now \$169

Register here: [OHSA30HOUR](#)

OHSA 10 Hour Construction Training (Free Study Guide) or OHSA 10 Hour General Industry Training (Free Study Guide)

Cost \$79

Register here: [OHSA10HOUR](#)

Learn2Serve Food Safety Manager Principles Training & Food Manager Exam

Normally \$160, now \$125

Register here: [FOODSAFETY](#)

WEB-BASED training

Raise the safety, health, and productivity of your employees to the top of your agenda and provide training solutions that deliver real results. We provide web-based training programs for the convenience of your organization



HEALTH CARE EDUCATION

This module consists of 12 unique courses designed to provide participants with a well-rounded understanding of safety in the health care industry. You'll learn everything from how to recognize & prevent workplace violence to gaining basic knowledge of patient's rights and confidentiality.

TECHNICAL, INDUSTRIAL & SAFETY SKILLS

The goal of this training is to help participants to understand the risks and take the necessary precautions for the health & safety of workers and how to prevent accidents within the technical & industrial trades.

This module is divided into 5 sub-sections:

- Canada Safety
- OSHA - Construction
- OSHA - General Industry
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